

MAY 2022 UPDATE: CASES AT AL-FIDAA FOUNDATION WHITE DOOR CENTRE

11 clients recorded for the month of May 2022 at the Al-Fidaa Foundation White Door Centre, 239 Durban Road, Korsten.

Referrals included: the Department of Social Development, the Department of Education, PE Mental Health, Korsten Clinic and Legal Aid.

The following are brief summaries of some cases seen:

1. Adult female required ongoing counselling for her current situation. Client is battling socio-economic issues as well as health issues resulting from rape trauma several years ago.
2. Concerned family member approached centre for counselling. Client feels the divide in the family is huge and not able to be healed. The alleged substance abuse of another family member is also cause for concern. The difficulty of financial independence is an additional issue for the client. Ongoing counselling offered.
3. Mother of 3 approached the centre for assistance with a referral; client was abused in a former relationship but was not able to obtain a divorce even though she is estranged from the alleged abuser for many years now. Client referred to Legal Aid.
4. Distressed female dealing with anger issues after the convicted murderer of her late partner was released from prison. Client has not been able to come to terms with the loss of her partner in such a violent manner and the current situation is causing disruption in her daily life and cognitive abilities.
5. Mother of 2 contacted the White Door centre. Client has been victim of physical and verbal abuse; client's husband is allegedly extremely controlling and not tolerant of their children.
6. Differently abled male required counselling. Client is feeling downhearted about his current situation. He is also concerned about the safety of his parent. Client reports that a sibling was allegedly abusive toward him and is concerned about his parent's safety.
7. Mother of 2 approached the centre. Client finds it hard to let go as her child is growing up and is trying to ensure that the family unit remains intact and close.
8. Young mother of infant referred to the Department of Social Development. Client feels that she would not be able to bring up the child and would prefer to give the baby up for adoption.
9. Adult male struggling to make ends meet, approached the centre for guidance regarding an inheritance left to him by his late father. Client is struggling financially and the funds would be a great assistance to him.

10. Adult male with no fixed address approached the centre for assistance. Client confessed to having a difficult childhood and was distraught at being accused of ill-discipline and singled out by other residents out at the accommodation where he recently lived.
11. Adult male currently estranged from his family was referred to PE Mental Health. Client was diagnosed with a mental disorder but is struggling to find a residence as there is no family support.