MARCH 2022 UPDATE: CASES AT AL-FIDAA FOUNDATION WHITE DOOR CENTRE

29 victims recorded for the month of March 2022 at the Al-Fidaa Foundation White Door Centre, 239 Durban Road, Korsten. Referrals included: the Department of Social Development, Families Against Drugs. Nationwide Treatment Centre and SAPS.

The following are brief summaries of some cases seen:

- 1. Distraught mother severely assaulted, verbally and physically, by her own son. Client was referred to SAPS and proceeded with a protection order.
- 2. Mother of 3 required counselling for herself; her husband allegedly has a substance abuse problem but is in denial. Client says that he refuses to give her household money but spends on alcohol and gets angry with her when she resorts to casual jobs to be able to buy food. Client feels that her husband's behaviour changed due to job stress as well as the family conflict over property.
- 3. Single female caring for minors received counselling at the Al-Fidaa White Door. Client became caregiver to the children as their mothers are allegedly unable to care for them. Client required material assistance as she is unemployed now and is unable to sustain herself nor the children. She was referred to the Department of Social Development.
- 4. Worried pensioner recently undertook the care of a grandchild with a learning disability as the parents of the child are unconcerned, although one is employed and the other incarcerated. The grandparent is concerned about the child's challenging behaviour.
- 5. Disappointed pensioner approached the White Door Centre; client alleges that none of his adult children are at all interested in their parents. Client and wife are finding it hard to make ends meet and are feeling severely neglected by their children.
- 6. Mother of an adult male who is allegedly abusing substances, counselled at the White Door. The client is concerned about the impact her son's substance abuse is having on the rest of the family as he is feared by the other family members. Client refused a referral for the moment but was directed to FAD and the Nationwide Treatment Centre.
- 7. Mother of a teen sought counselling at the Al-Fidaa White Door Centre for what she feels is challenging behaviour from her child. Mediation and counselling offered to client.
- 8. Concerned family member sought advice about treatment options and accommodation for a family member struggling with substance abuse.
- 9. Anxious mother concerned about her child who has not been placed in school for the current year. Client feels guilty as she may have missed the deadline due to her own health issues and misunderstanding the deadlines that were applicable.

- 10. Elderly widower coming to terms with feelings of loneliness. Client is residing with one adult child who was a victim of severe domestic violence and currently resides with the client.
- 11. Struggling pensioner residing with her unemployed adult son. Client is frustrated as she acknowledges that employment is hard for her son, she feels that he is not making any effort and is not prepared to enquire about the social relief of distress grants. The pension of the client is the only income.
- 12. Recently widowed grandmother facing an onslaught of family issues. Client was forced to become caregiver to a grandchild after the mother remarried; she feared for child's safety as the stepfather is allegedly abusive to the mother. The child's parents are not supportive to the child financially nor emotionally, leaving the client to struggle to support the child.
- 13. Male client reported alleged abuse of his social grant by other family members. Client also alleges that his siblings abuse him financially and emotionally by using his grant and denying him food. Client has a social worker presiding over family matters.
- 14. Male client seeking counselling; client did not complete Grade 10 after struggling with bullying issues and does not have the means to complete skills training. The client has had conflict with family and alleges that his grant was abused previously by family members.
- 15. Elderly male client alleges that his life partner is physically, verbally and financially abusive toward him. Client has reported the issue to SAPS but to no avail. Client's partner is allegedly in possession of his social grant documents and card.
- 16. Mother of 1 concerned about the impact her current residence is having on her epileptic son. Client alleges that the neighbours are verbally abusive and taunt her child.
- 17. Male client battling substance abuse was counselled at the White Door Centre. The client was enrolled in a substance abuse treatment program and felt that he made improvements due to the program. The family of client have communication issues and the substance abuse of the client is not an openly discussed topic in the immediate family.
- 18. Widower unable to come to terms with the death of his spouse. The situation is made harder by the fact that client is left to bring up a child alone. The family of client is not supportive in any way.
- 19. Adult male client approached the White Door for assistance. Client has found getting back on his feet to be an uphill battle after he was allegedly robbed by a close friend and business partner. The financial loss has negatively impacted all areas of his life including family.
- 20. Elderly client feels that she has been unfairly treated by her former employer who has disregarded her injury on duty claim and has not given her the opportunity of a hearing.