

APRIL 2022 UPDATE: CASES AT AL-FIDAA FOUNDATION WHITE DOOR CENTRE

13 clients recorded for the month of April 2022 at the Al-Fidaa Foundation White Door Centre, 239 Durban Road, Korsten. Referrals included: the Department of Social Development.

The following are brief summaries of some cases seen:

1. Wife and mother of 4 trying to keep head above water. Client is unemployed and struggling to make ends meet on child support grants. The client's son allegedly abuses substances and verbally abuses the client if she does not assist him financially.
2. Concerned mother approached the centre with her child; child indicated incidents of bullying and party to theft.
3. Apprehensive mother contacted the Al-Fidaa White Door Centre; according to the mother, her son has not handled the loss of a family member well and has curtailed all outside activities and interaction to the point of concern. Mother is worried that there is a severe underlying issue.
4. Worried mother approached the centre for counselling; a service provider had pointed out that the child was under severe stress that was affecting the child's senses and the mother was not certain as to what the cause of the stress was.
5. Minor client allegedly being bullied in school by a classmate, brought in by a parent.
6. Worried mother sought counselling for her child. According to the mother, child had become withdrawn and showed no interest in spending time with family or in school work.
7. Bereaved father required counselling. Client was struggling to come to terms with the loss of his wife. The situation had become unbearable as the father of 1 was battling to make ends meet due to unemployment and lack of family support.
8. Minor struggling with severe anxiety and tension. Stressors were identified and stress management options provided to client.
9. Concerned family member trying to obtain a birth certificate for a minor in her care as the biological mother absconded. Client was referred to the Department of Social Development.
10. Traumatized mother of 2 seeking assistance. Client was assaulted by her eldest son who regularly threatens to assault the mother and other family members.