



UMTHUNGO
SEWING STUDIO

Course

Overview

FP&M SETA ACCREDITED
Sewing Skills Programme

48 Credits

24 Weeks Training

PG. 2

Sewing Modules

PG. 3

Sewing Modules

PG. 4

Business Modules
Practical Skills
Contact Information

To gift unemployed youth an opportunity to learn to sew so that they may earn an income after completion.



SEWING MODULES

MAKE GARMENTS 123632 (20 credits)

The qualifying learner is capable of:

- Cutting out garment parts using a commercial pattern.
- Preparing the workplace and setting the sewing machine.
- Sewing, finishing and pressing the garment.
- Checking the quality of the completed garment.

COST A GARMENT 123631 (4 credits)

The qualifying learner is capable of:

- Identifying components and materials required to make a garment.
- Calculating quantities.
- Costing the garment and calculating selling price.
- Evaluating and adjusting the costing and / or selling price according to customer requirements and market demands.

PURPOSE OF THE UNIT STANDARD

This unit standard forms part of the qualification GETC: **Manufacturing, Engineering and related activities** and is specifically for learners working in the informal sector who are currently operating, or who wish to start, their own garment making business.

*“changing lives
stitch by stitch”*



SEWING MODULES

CUSTOMER REQUIREMENTS 123630 (5 credits)

The qualifying learner is capable of:

- Research and establish customer requirements.
- Present customers with a sketch.
- Negotiate price and delivery requirements.
- Confirm order with customer.

SOURCE MATERIALS 123633 (5 credits)

The qualifying learner is capable of:

- Establishing material requirements.
- Identifying suppliers.
- Selecting and buying appropriate materials.

FINISH AND STORE ITEMS 12115 (5 credits)

The qualifying learner is capable of:

- Checking the quality of items.
- Fold and prepare items for storing.
- Store items for dispatch.
- Keep the storage tidy and secure.

PRODUCTION 13998 (2 credits)

The qualifying learner is capable of:

- Understanding the principles of supply and demand.
- Understanding the factors of production.
- Impact of the factors of production on the economy.

Do what you
love and
you'll never
work a day
in your life.



BUSINESS STUDIES

Write and present a simple business plan 10008 (7 credits)

The qualifying learner is capable of:

- Explain and discuss the purpose of a business plan.
- Outline and analyse the components of a business plan.
- Design and present a business plan

PRACTICAL SEWING SKILLS

The qualifying learner is capable of manufacturing:

- Apron
- Bag
- Skirt; Pencil, Round & A Line
- Dashida
- Pants; Ladies & Mens
- Bodice
- Dress; Standard & Formal
- Jacket

Umthungo Sewing Studio
Project of the Al-Fidaa Foundation

12 Market Street, North End, P.E

Tel: 041 484 1288

Mail: usewingstudio@gmail.com

Web: www.alfidaa.co.za

Course Duration: 24 Weeks
Monday to Thursday 9:00 to 15:00

Cost: Free

Requirements: Dedication, Passion &
Desire to start your own business /
seek employment