JUNE 2019 UPDATE: CASES AT AL-FIDAA FOUNDATION WHITE DOOR CENTRE

21 victims recorded for the month at the Al Fidaa Foundation White Door Centre, 239 Durban Road, Korsten. Referrals included the Department of Social Development, Vistarus Shelter, Families Against Drugs and South African Police Service. The following are brief summaries of cases seen:

- 1. Despondent mother was referred to the Department of Education as her child is displaying uncontrollable behaviour and the client is unable to handle the situation anymore and is concerned about what this means for the child's future.
- 2. Distressed female sought assistance for her child who is abusing substances and she fears that the child's life could be in danger. Counselling was offered and the client was referred to the South African Police Service.
- 3. Adult male sought assistance following the loss of his life partner. The client is struggling to cope as there is no support from his family.
- 4. Frustrated and rehabilitated male is seeking assistance as he is struggling to rebuild lost relationships with his family; client reports that not only is he struggling to find employment, he has no family members willing to assist him while he tries to get back on his feet. Ongoing counselling was offered to the client.
- 5. Despondent male sought assistance as he is not getting support from the Department of Education for a relative who is academically challenged and reports disappointment with the lack of support and follow up.
- Destitute male seeking assistance after he left his home to track down estranged relatives and find employment. The client was referred to the Al-Fidaa Foundation Skills Development Centre and a shelter for the homeless.
- 7. Middle aged client distressed male sought assistance as he is estranged from his family and is addicted to substances. Family preservation services were offered and the client was referred to a rehabilitation centre.
- 8. Homeless male sought assistance as the family member who was caring for him is deceased and the client does not have other family members to accommodate him. The client was referred to shelter for the homeless.
- 9. Male sought assistance as he has not been receiving his social grant; his family is allegedly not willing to accommodate him anymore because he is unable to contribute financially to the household. The client was referred SASSA.
- 10. Despondent female unemployed female sought assistance; she is unable to seek employment as she is sole caregiver to her disabled family members. The client was referred to SASSA for assistance with a care dependency grant.

- 11. Adult male enquired about assistance with accommodation as he is residing in a gang and drug infested environment which he feels has a negative impact on his psychological wellbeing.
- 12. Female wanted assistance as her children are not in her care due to non conducive social circumstance. The client was referred to the Al-Fidaa Skills Development Centre.
- 13. Male sought assistance as he is unable to find employment and provide for his family's basic needs; the feels that his unemployed status is impacting negatively on his psychological and mental wellbeing.
- 14. Despairing female reported that her family members are abusing substances, added to which this is causing problems in her marriage, affecting her emotionally and financially. The client was offered continued counselling and referred to a rehabilitation centre.
- 15. Female sought guidance for a family member allegedly abusing substances; her concern is that this is posing a danger to underage family members in the home. The client was referred to Department of Social Development and to a rehabilitation centre.
- 16. Dejected female reported that her sibling is abusing substances and is emotionally abusive towards the family. Ongoing counselling was offered to the family and the client was referred to a rehabilitation centre.
- 17. Distressed client reported that she had been through recent physical trauma which has caused her some emotional and financial distress.
- 18. Frustrated and hopeless mother reported that she explored all avenues to try and get assistance for her child who is addicted to substances but, the child does not want to commit to rehabilitation. Counselling was given and the family was referred to a rehabilitation centre.
- 19. Distressed female sought assistance as her husband is allegedly emotionally and financially abusive towards her. Ongoing counselling was offered to the couple.
- 20. Middle aged female sought assistance as she is caring for family members and she is not receiving assistance from other family members; monetary or otherwise.
- 21. Frustrated female reported that she needs assistance for a family member who draining her emotionally and financially; she has been the sole provider for over a decade. Client was referred to a rehabilitation centre.

Compiled by:

Agnita Langford Social Worker Practise number:10-3663