



*10 Years, Al Fidaa Foundation  
Serving the Eastern Cape*

# INFORMATION BROCHURE 2018

# ABOUT THE AL FIDAA FOUNDATION

Al Fidaa Foundation is a registered Non Profit Organisation formed in August 2008 to assist the needy in the Eastern Cape. Our ambition is to assist the impoverished of all demographics and creed. To to this we approach the problem of poverty via a 3 point strategy:

**SOUP KITCHEN AND FEEDING PROJECTS** to provide nutritious meals to impoverished communities.

**SKILLS DEVELOPMENT PROJECTS** initiated to educate and empower individuals in order to gain financial independence and employment.

**SOCIAL WELFARE AND POVERTY ALLEVIATION** Projects to provide social welfare to the poor.

**NPO (070-651)  
PBO No: 930 033 996  
BBBEE:1804 COGP EME**

The Al Fidaa Foundation issues also Section 18A tax exemption for persons and companies.

# FEEDING PROJECT

From our very inception the Al Fidaa Foundation operated and assisted many community feeding soup kitchens in Eastern Cape of South Africa. At times our numbers peaked over a 100 000 soup based meals per month. Undoubtedly, working on the ground and seeing impoverished faces we continue in our mission that poverty is a much complicated issue. Feeding from a soup kitchen is the easiest solution for a community of kids and children who spend their days in hunger, learners at school who need food to concentrate or the elderly who require food for the effectiveness of their medicine. Our offices continue to receive warm and loving feedback on the difference we are making to countless individuals.



## THE 9 TO 5 SOUP KITCHEN STRATEGY

To deliver effectively to the needy and in a controlled environment, the Al Fidaa Foundation has embarked on the 9 to 5 Soup Kitchens. The poor would be able to access food any day of the week between 9 to 5. They would be assured of fresh, hygienic food, prepared with love by our volunteers. All will be welcome, be it the student requiring nourishment to concentrate for their lessons; an exhausted breadwinner who returned home

empty handed or the elderly requiring food to be taken with medicine- The Al Fidaa Foundation 9 to 5 SOUP KITCHEN will be ready to serve and show love to humanity.

## IMPACT OF FEEDING SCHEMES

Aids afflicted persons, children prone to a life of prostitution, families of destitution and the underprivileged have benefited tremendously from daily feeding schemes operated by the Al Fidaa Foundation.

### 9-5 MONTHLY RUNNING COST FROM 9-5 DAILY FROM MONDAY TO MONDAY

#### MONTHLY RUNNING COSTS

Soup Mix .....	R2 720,00
Maize Meal.....	R600,00
Samp & Beans.....	R700,00
Rice .....	R1 200,00
Gas.....	R1 000,00
Sanitizing Equipment.....	R1 126,00
Stipend For Volunteers.....	R3 480,00
Petrol/Supervision .....	R2 500,00
<b>Total Per Month.....</b>	<b>R13 326,00</b>

#### STARTUP COSTS

Startup .....	R 4 420,00
Container (Once off).....	R 18 500,00
<b>Total .....</b>	<b>R 22 920,00</b>







# SEAMSTRESS ENTREPRENEUR COURSE

Empowering individuals from Port Elizabeth to East London!

## EMPOWER 10 UNEMPLOYED FEMALES

SPONSOR A 12 WEEK SETA ACCREDITED SEWING COURSE

DESCRIPTION	COST
Sewing Course Support Staff Stipend	R7500
Computer & Business Course Support Staff Stipend	R7500
Sewing Equip & Training Material (thread, fabric, patterns etc)	R4000
Stationary (scissors, pens, pencils, books, etc.)	R1000
Meals (lunch 1 day per week, daily tea/ coffee with light snacks)	R4000
Text Books (Computer Classes& Business Classes)	R1000
<b>TOTAL</b>	<b>R25,000</b>

**OUR COURSES ARE FREE\***

\* We offer a **FREE sewing entrepreneur course** including a **business module** to students from previously disadvantaged backgrounds.

## SEAMSTRESS COURSE STATS 2017



- 1x4 Week special class with 10 learners from the Somali refugee community
- R65,000 spent empowering previously disadvantaged females for 2017
- R500,000 subsidised free skills development since inception.
- 200 learners have been trained by Al-Fidaa



## ACCREDITATION

We are the ONLY institution in the Eastern Cape offering a garment course accredited by the FP&M SETA



# OBJECTIVES OF THE AL-FIDAA SCHOOL OF BAKING

- To offer a free baking course to the impoverished, unemployed and unskilled ladies in the community.
- Teach them to bake and decorate confidently and earn an income from home.
- The Baker after completing this course, is self-employed and able to create employment which will benefit many people in their home, family and community.



## DONATE OR SPONSOR ESSENTIAL MONTHLY INGREDIENTS FOR OUR SCHOOL OF BAKING.

Item	Qty
Bread Flour	3 x 10 kg
Sugar	1 x 25kg
Castor Sugar	2 x 25kg
Icing sugar	2 x 25kg
Margarine	3 x 25kg
<b>Butter</b>	<b>2 x 10kg</b>
<b>Vanilla Essence</b>	<b>2x 1L</b>
<b>Cocoa Powder</b>	<b>5kg</b>
<b>Cornflour Powder</b>	<b>5kg</b>
<b>Baking Powder</b>	<b>5kg</b>
<b>Sunflower Oli</b>	<b>1 x 20L</b>
<b>Baking Chocolate – white and milk</b>	<b>1 x 5kg</b>

## SPONSOR A STUDENT

- Sponsor a student for the free baking course –R3700.00 per student.
- Sponsor taxi fare for the duration of the course – R660.00 per student.

## STARTER BAKING EQUIPMENT KIT FOR STUDENTS

- Sponsor a starter kit to the value of R2500.00 so that they can bake immediately at home after completing our course:
- R1 900.00 for essential equipment and a hand mixer with bowl stand.
- R 600.00 for ingredients.





# ICDL CERTIFIED COMPUTER COURSES



ICDL (International Computer Driving Licence) is the world's leading computer skills certification. Computer Literacy Skills is essential in the workplace and we appeal to you

## SPONSOR A STUDENT

FOR **R4 914.50** OR 8 STUDENTS FOR **R39 316.00**

MODULES	DURATION	COST
Computer Essentials	3 days	R1 914,50
Word Processing	3 days	R1 000,00
Spreadsheets	3 days	R1 000,00
Online Essentials	2 days	R1 000,00
Price includes a Candidate Number, Manual, Training, Testing and a once off Registration Fee.		
<b>TOTAL</b>		<b>R4 914.50</b>

## EMPOWER A CANDIDATE!

We appeal to Big Business to sponsor applicants for this exciting course and equip entrepreneurs and job seekers with computer skills.

MODULES	DURATION	COST
Digital Citizens Plus	3 days	R1 450,00

This course is an introduction to some topics covered in Comp Essentials, Word Processing, Online essentials and Spreadsheets. Incl manual, once off registration fee, training; no external testing.

**SPONSOR SINGLE CANDIDATE**

**R1 450.00**

**SPONSOR 8 CANDIDATES**

**R11 600.00**

## WHY SKILLS DEVELOPMENT?



The vision of creating employable skills in the underprivileged is a great challenge in rural areas with the Eastern Cape being one of the poorest regions in South Africa. Self respect and dignity of earning are essential for

human progress; handouts destroy the worth of individuals. Through Skills Development initiatives many could empower themselves especially females. EMPOW(H)ER!



# WHITE DOOR CENTRE

The White Door Centre 239 Durban Road, Korsten, Port Elizabeth, run in partnership with the Department of Social Development, is a victim support centre offering Free counselling and referrals. Our 24 hour careline is our telephonic counselling service.



## SUPPORTING MINORS AT THE PORT ELIZABETH SEXUAL OFFENCES COURT

Al-Fidaa Foundation initiated a feeding program at the Port Elizabeth Sexual Offences Court for minors waiting to testify. **Senior Prosecutor Nomfele:**

“We have two dedicated courts dealing with sexual offences”

“We requesting lunch packages for our child victims that are coming to court to testify.”

“Most of them come with empty stomachs which affect their ability to think straight and respond to questions.”

**OVER 1000 VICTIMS**

Over a 1000 victims visited the White Door Centre since its launch in 2013.

## EDUCATIONAL CAMPAIGNS

White Door Centre Campaigns included Human Trafficking Awareness, Substance Abuse And Gangsterism In Communities The Importance Of Education And Self Awareness And The Media.

### OUR OFFICES ASSISTS WITH THE FOLLOWING

- Sexual Offences
- Substance Abuse
- Suicide
- Marital Problems
- Robbery
- Domestic Violence
- HIV
- Family Relationships

In conjunction with



Use our helpline





Veliswa Ngqokwe and Thembela Mblatshwa completed their sewing training.



Ntombekosi Masa manufacturing fleece capes for her clients.

# INSPIRING FEEDBACK FROM PAST LEARNERS

*"I arrived at Al-Fidaa Foundation Skills Centre not knowing anything about sewing. I was taught to manufacture aprons, bags, garments and dresses. After completing my sewing course, I enrolled for an entrepreneurial course where I learnt business skills. I am now part of a 5 member women co-operative. This co-operative manufactures and sells aprons."*  
**Nontsikelelo Gwebeni**

*"I came across the Al-Fidaa Foundation entrepreneurial course advert and applied immediately to be part of this program. The program course "New Venture Creation" is a very well structured course. It brings you up to speed with the latest trends and business modules. The course is very informative and gets you on par with the latest requirements in the business world. The assessments are challenging yet relatively simple if you follow the course material. I have completed all 6 modules and now I'm working on my business plan. After this I intend to start up my business. Shukran Al-Fidaa, this could be the start to major things Insha'Allah."*  
**Christopher Morgan**

*"After failing Matric in 2005, I retook the exam in 2010, passing this time. I decided to further my studies through UNISA but unfortunately could not complete due to financial constraints. October 2016,*

*a friend told me about the Seamstress Sewing program by the Al-Fidaa Foundation. I decided to apply and was delighted when I got accepted. My first day in class was so exciting. I appreciated the fact that I was taught theory together with practical training. After completing the program, I felt a sense of hope in my life. Al-Fidaa helped me realise that with my own hands, I can do something for myself, and I can be selfemployed, stand up and do something positive. Today I am achieving all these positive things because of Al-Fidaa. I am very grateful to the organisation."*  
**Pumeza Macala**

*"I was desperately in search of employment until I heard about the sewing program at Al-Fidaa Foundation. Being in a class environment again was not easy at first and took a while to adjust. The friendly, humble and at times strict Instructor assisted me a lot throughout the course. Prior to attending the course, I had never touched a sewing machine before. I learnt everything about sewing from Al-Fidaa. After completing the course, I took the newly found skill and put it to good use. I opened up my very own small business providing services such as; alterations, sewing girl's skirts, sewing ladies dresses and designing outfits. I am really proud of myself thanks to Al-Fidaa; my life has changed for the better."*

**Buyiswa Faku**

## PASS LEARNERS

Veliswa Ngqokwe and Thembela Mblatshwa completed their sewing training at the Al-Fidaa Foundation Skills Development Centre. Through the facilitation of Al-Fidaa Foundation who then arranged on the job training at Zozinette.

Zozinette is a baby carrier manufacturing company supplying the local and European market. After completing their on the job training, the company Zozinette are so pleased with them that they have decided to grant them full time employment.

Ntombekosi immediately put her newly founded skills to action after completing her course. She started manufacturing Fleece Capes for clients. She makes use of social media advertising to get her product out in the market.





# Al Fidaa' FOUNDATION

Together Enriching Communities

## *10 Years, Al Fidaa Foundation Serving the Eastern Cape*

### CHAIRPERSON

**Nazir Munshie**  
082 786 3432

### PRO

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### TREASURER

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## CONTACT DETAILS

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NPO (070-651) PBO No: 930 033 996 BBBEE:1804 COGP EME

The Al Fidaa Foundation issues also Section 18A tax exemption for persons and companies.

*Al Fidaa Foundation Standard Bank of South Africa Ltd*  
*Branch Name: Berry's Corner Account Number: 036 893 382*  
*Branch No: 024210 Swift Address: SBZAZAJJ*

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