

Al Fidaa'

NPO 070-651

BROCHURE 2016/2017

Al Fidaa'
FOUNDATION

Together Enriching Communities

ALLEVIATING POVERTY
MIND BODY & SOUL

Agricultural Projects



SETA Accredited Courses



Over 50 Feeding Centres



VICTIM Support



ICDL Computer Courses



OUR STRATEGY AGAINST POVERTY

"The most unequal society in the world...in the long run it is bad for growth. It is a threat to social stability and to growth itself. The long run trend is a worrying one" Prof. Haroon Borat

AL-FIDAA FOUNDATION

was formed in August 2008 to assist the needy in areas of the Eastern Cape. Our ambition is to assist impoverished individuals, irrespective of creed, race or culture. To achieve this goal a three-fold strategy has been initiated viz:

•Soup Kitchen Feeding Projects

established to provide nutritious meals to impoverished individuals / communities.

Skills Development and Education Programs to educate and empower individuals in order to gain financial independence and employment.

Social Welfare & Poverty Alleviation projects established to provide social welfare to the poor in the form of food hampers, blankets, clothes etc..

"Overcoming poverty is not a task of charity, it is an act of justice. Like Slavery and Apartheid, poverty is not natural. It is man-made and it can be overcome and eradicated by the actions of human beings. Sometimes it falls on a generation to be great. You can be that great generation. Let your greatness blossom."— Nelson Mandela

WHY ASSIST THE EASTERN CAPE

POVERTY IN THE EASTERN CAPE

"Of the 22 million people living in poverty in South Africa, nearly 3.9 million live in the Eastern Cape. This means that 44% of South Africa's population and 57% of the province's population live in poverty."

"The Eastern Cape has one of the highest levels of food insecurity in South Africa."

"3856462 of the EASTERN CAPE live below the breadline."

"30 percent are unemployed."

According to the estimates, about 78% of the households in the province may be classified as food insecure."

"Child-headed households exhibit the highest poverty, of up to 50% in Eastern Cape "

National Development Agency in State of Poverty and its Manifestation in the Nine Provinces of South Africa

The Eastern Cape has the highest rate of joblessness in a country where unemployment rates reached levels last seen before the recession in 2008.

The labour force participation rate (LFPR) indicates the proportion of the working age population that forms part of the labour force. The LFPR has been falling in both South Africa and the Eastern Cape. However, the LFPR for South Africa (59.3%) is higher than that of the Eastern Cape (49.0%).

FEEDING SCHEMES COMMUNITY KITCHENS



assisting over 50 SOUP KITCHENS in the Eastern Cape

From Graff-Reinet to Mthatha, Port Elizabeth to Bisho, hundreds of families experience daily hardships.

With little support against the avalanche of poverty the plight of this orphaned province has reached miserable levels.

- Hospitals
- Clinics
- Orphanages
- Schools
- Crèches
- Community Feeding Stations.



The International Labour Organisation keeps statistics on the LFRs and indicates that South Africa's LFRP has been falling for many years. When South Africa's LFRP is compared with that of 189 other countries, South Africa has one of the lowest rates in the world along with such countries as Iraq, the occupied Palestinian territories, Iran, Egypt and Tunisia.

"FOR EVERY 10 PEOPLE UNEMPLOYED, SEVEN ARE YOUTH"



FEEDING SCHEMES OUTPATIENT FEEDING HOSPITALS CLINICS



OUTPATIENT FEEDING

Many needy, ailing persons queue in the morning to receive medicine or medical attention. Al-Fidaa Foundation provides fresh hot soup that is prepared at the hospitals for the many who stand in a long queue patiently awaiting medication. The elderly hungry, HIV and TB afflicted persons require this nourishment to support their medicinal intake.

HOSPITAL VISITS:

Please contact our office at 041 484 1288 and also participate in our gifts distribution to the many sick children in the children's wards of government hospitals. Gifts include at times sweets and basic health care products depending on availability of funds. Many parents who barely manage the taxi fare to visit their sickly kids are overwhelmed by visitors spending time talking to them and handing out little hampers to their beloveds. Speak to one of our field workers to participate in this noble task!



HEALTH AND SANITATION IN THE EASTERN CAPE: In 2013, South Africa had 57.8% flush or chemical toilets, 25.8% pit latrines and 2.7% buckets. The Eastern Cape, by contrast, has only 40% flush or chemical toilets, 27.2% pit latrines and 3.6% buckets, whereas 29.9% of households has no toilets.

OUTPATIENT FEEDING INCLUDES Livingstone Hospital, Uitenhage Hospital, Helenvale Clinic, Kwadesi Clinic, West End Clinic, Chatty Clinic, Korsten Clinic in Port Elizabeth, Kuyga Clinic Greenbushes as well as Empilweni Gompo, Nontyatambo Clinic, Butemba Clinic Duncan Village Day Hospital and Nonkampa Clinics in East London



Province of the
EASTERN CAPE
HEALTH

Office of the Chief Executive Officer – P.E. Hospital Complex
Room B13 • Walton Building • Conyngham Road • Port Elizabeth • Eastern Cape
Private Bag X60572 • Greenacres • 6057 • REPUBLIC OF SOUTH AFRICA
Tel.: +27 (0)41 391 8008 • Fax: +27 (0)41 373 8466 • Email : thulane.madonsela@impilo.ecprov.gov.za
colleen.callitz@impilo.ecprov.gov.za

16 May 2012

Mr Nazir Munshie
AL-FIDAA FOUNDATION
P.O. Box 10389
Linton Grange
PORT ELIZABETH
6020

Dear Mr Munshie

Re : LETTER OF APPRECIATION

On behalf of the Management of the PE Hospital Complex, I wish to convey my sincere gratitude to your organization for the services rendered to waiting patients at Livingstone and Dora Nginza Hospitals.

I can assure you that the tireless efforts of your organization to reach out to needy patients do not go unnoticed.

May the Almighty continue to bless you as you make a difference in the lives of our patients.

Yours in public health service

MR T.A. MADONSELA
CHIEF EXECUTIVE OFFICER – PE HOSPITAL COMPLEX

United in achieving quality health care for all

24 hour call centre: 0800 0323 64
Website: www.ecdoh.gov.za



FEEDING SCHEMES

SCHOOLS ORPHANAGES

CRECHES



AL-FIDAA FOUNDATION ASSISTS 57 SOUP KITCHENS IN THE EASTERN CAPE

OUR SCHOOL, CRECHE AND ORPHANAGE FEEDING SCHEMES RECOGNISES THE IMPACT OF HUNGER ON LEARNING.

"They [learners] come without food and they eat here at school... Sometimes they come inadequately dressed, without a jersey or shoes and it's cold and it's a learner who does not have a home. When a child is shivering, he doesn't learn well. That's the reason he has a difficulty. He won't listen to you or concentrate on what you do because of hunger and cold that he's feeling." - A teacher interviewed by the Nelson Mandela Foundation's study on rural education

Children who are hungry have trouble concentrating in school.

"Children who are hungry have trouble concentrating in school." Brahm Fleisch, education specialist



IMPACT OF FEEDING SCHEMES

AIDS afflicted persons, hungry learners, children prone to a life of prostitution, destitute families and the underprivileged have benefited tremendously from daily feeding schemes operated by Al-Fidaa Foundation. Al-Fidaa Foundation interacts daily with students who are too hungry to focus on lessons, hears the plight of mothers who are sole breadwinners having no food to feed siblings, poverty experienced by the elderly robbed of their grants by cruel relatives; hunger on a daily basis by the hundreds. The Eastern Cape province has always been in the abyss of poverty and unemployment

"Overcoming poverty is not a gesture of charity. It is the protection of a fundamental human right, the right to dignity and a decent life." — Nelson Mandela, Former President of South Africa



SKILLS DEVELOPMENT SEAMSTRESS ENTREPRENEURSHIP



Al-Fidaa Foundation Skills Development Centre is a leading provider of free enterprise and learning solutions for aspiring entrepreneurs and those who want to develop new skills to enhance their career prospects or to achieve personal goals. Established in 2011, the skills development centre focuses in the needs of learners and offer training that is both challenging and progressive.

Al-Fidaa Foundation offers a FREE 12 Week Course for a Seamstress Sewing Course that includes a Business Studies and Computer Literacy Module..

Learners are given the chance to acquire the necessary business skills to implement their own ideas and run them as profitable businesses thereby enabling them to contribute to sustainable development of the region.

**AL-FIDAA
FOUNDATION IS A
PROVISIONALLY
ACCREDITED SETA
SERVICE PROVIDER**



ICDL COMPUTER COURSES

"It is well known that South Africa and the Eastern Cape is facing a jobs crisis".
"The jobs crisis is compounded by a skills crisis."
Eccsecc ec 2014



AL-FIDAA FOUNDATION AN ACCREDITED ICDL CENTRE

The Al-Fidaa Foundation has been teaching computer skills gratis for a number of years as a tool to budding entrepreneurs. To achieve quality in tuition, the Al Fidaa Foundation is now an accredited ICDL centre.

REGISTRATION NUMBER:171001

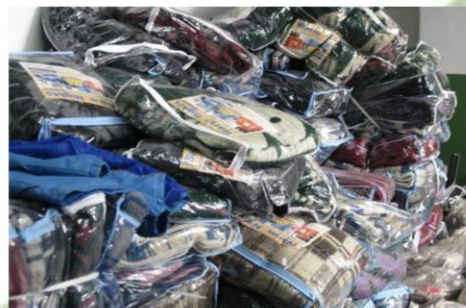
OUR POVERTY ALLEVIATION AND SOCIAL WELFARE PROJECTS



AL-FIDAA FOUNDATION initiated several projects to alleviate poverty. These include

- Donation of grocery hampers
- Blanket Drives
- Housing Projects
- Vegetable Tunnels to schools, clinics old age home
- Donation of school stationery to learners unable to afford this.
- The sponsoring of several education courses

Please see our website www.alfidaa.co.za and our facebook page for more on these activities



"As long as poverty, injustice and gross inequality exist in our world, none of us can truly rest." Nelson Mandela, Former President of South Africa

COURT FEEDING



Our Support to Child Victims of Sexual Abuse

Al-Fidaa Foundation initiated a feeding program at the Port Elizabeth Sexual Offences Court for minors waiting to testify. Senior Prosecutor Nomfele :“we have two dedicated courts dealing with sexual offences” “we requesting lunch packages for our child victims that are coming to court to testify.” “most of them come with empty stomachs which affect their ability to think straight and respond to questions.”

The Al Fidaa Foundation
White Door Centre
239 Durban road
KORSTEN

Attention: Mr. Mohammed Matvad

Re: Your assistance program for victims

I would like to extend my gratitude to your organization for the assistance that you are currently rendering to the child victims and witnesses who are attending court. These children often travel long distances to get to court, they are often hungry and have to spend hours at court giving evidence.

The feeding scheme that you have introduced, contributes both to the nutritional and mental wellbeing of our children. It put the prosecutors in a position to take a child witness to court who is more focused and who can perform better in the court environment.

The meals that you supply each day add a positive dimension to the child's court experience. The prosecutors and court preparation officers at the New Law Courts appreciate your contribution.

ALEX JONAS
REGIONAL COURT CONTROL
PROSECUTOR:
PORT ELIZABETH

PLAN OF ACTION

Al-Fidaa Foundation White Door Centre provides a lunch pack for the children who are victims of sexual offences which include rape and molestaton. They are given a juice, sandwich, fruit/nuts. services

WHITE DOOR CENTRE OF HOPE

COUNSELLING
REFERRALS
24hr Careline



The Al-Fidaa Foundation White Door Centre is run in partnership with The Department of Social Development and Special Services to provide Counselling and Referrals to the closest professional victims service site. Telephonic counselling is available via the 24hr counselling Careline. **ACTIVITIES:** Counselling, Referrals. Awareness campaigns in communities including schools, Court Feeding.



"It is when you give of yourself that you truly give." -



Over 900 beneficiaries received victim support services from Al-Fidaa Foundation White Door Centre

Total Sexual Offences reported for 2015 Nelson Mandela Metro

PRECINCT	2015
Algoapark	62
Bethelsdorp	222
Bluewater	24
Gelvandale	119
Kabega Park	124
Kwadwesi	80
Kwanobuhle	148
Kwazakele	219
Motherwell	151
Swartkops	47
Thornhill	9
Uitenhage	45
Total	1250

From crimestatssa.com



Province of the
EASTERN CAPE
SOCIAL DEVELOPMENT

Private Bag X3906, North End, Port Elizabeth, 6006 – Ibhayi Office Complex, Struandale, Struandale, Port Elizabeth, 6001, RSA
Fax: +27 (0)41 4065046 - Tel: +27 (0)41 406 5803 - Email address: susan.pretorius@ecsdtd.gov.za - Website: www.socdev.gov.za

Enquiries : Mrs. S. Pretorius
Reference : FAC 10373
Date : 28 April 2015

To: Chairperson
Al Fidaa Foundation
239 Durban Road
Schauderville
Port Elizabeth

ACKNOWLEDGEMENT OF SERVICES BY AL FIDAA (WHITE DOOR CENTRE)

Al Fidaa is one of the White Door Centres (rendering victim support services) funded by the Department of Social Development for 2014/2015 financial year. They empower the Victims of crime in Schauderville and surrounding areas.

The Department of Social Development acknowledges the good services rendered by Al Fidaa. There is healthy working relationship between the Department and the NPO. The Management Board of Al Fidaa is compliant with the Public Finance Management Act (PFMA), Service Level Agreement and norms and standards as stipulated in the prescripts. They submit all the required documents on time and they forward all the necessary monthly reports and database information needed regularly.

Your cooperation with the Department is always appreciated.


pp MR. T.T. NGQABAYI
DISTRICT MANAGER
NELSON MANDELA METRO

LEAF FOR LIFE FOUNDATION

FOOD SECURITY



The Leaf For Life Foundation, is an agricultural project supported by the AL-Fidaa Foundation, formed in 2010. The Department of Rural Development and Agrarian Reform generously provided us with 6 shade cloth vegetable Tunnels ▪ A Borehole to provide free water for the plants ▪ 3 Phase Electricity ▪ Complete irrigation system which includes water tanks for storage and mixing of fertilizers



OBJECTIVES

- Create sustainable income for Skills Development projects
- Empowering Al-Fidaa to expand its beneficiaries by the thousands
- Employment opportunities for the previously disadvantaged
 - Providing skills training for underprivileged women
 - Ecology awareness to our "green world"
- Agricultural training programs for the youth
- Mentoring programs for upcoming black farmers



"The agricultural sector of our economy is particularly hard hit, with a 17.8% decline in those employed in agriculture in the Eastern Cape" By SIYA MITI on July 31, 2014 in [Business](http://www.dispatchlive.co.za/business)
www.dispatchlive.co.za/business

P.O. Box 17432
 SALTVILLE
 PORT ELIZABETH
 6059



ST. ALBANS LINK ROAD
 ST. ALBANS
 PORT ELIZABETH
 6385

Principal: H.B. Coleman
 073 29 31302
henry.coleman55@gmail.com
dkluit@webmail.co.za

Tel: 041 775 5078
 20 April 2016

Leaf for Life
 Redwaan

ACKNOWLEDGEMENT OF THANKS

With this letter the Principal, staff and learners of above named school would like to express our GRATITUDE AND APPRECIATION for the kind gesture of the freshly cut vegetables (cauliflower, spinach and dhania) I am sure it will be of good use to the school.

May you and the company go from strength to strength and be blessed abundantly in whatever you take on in the future.

Thank you

Yours in education

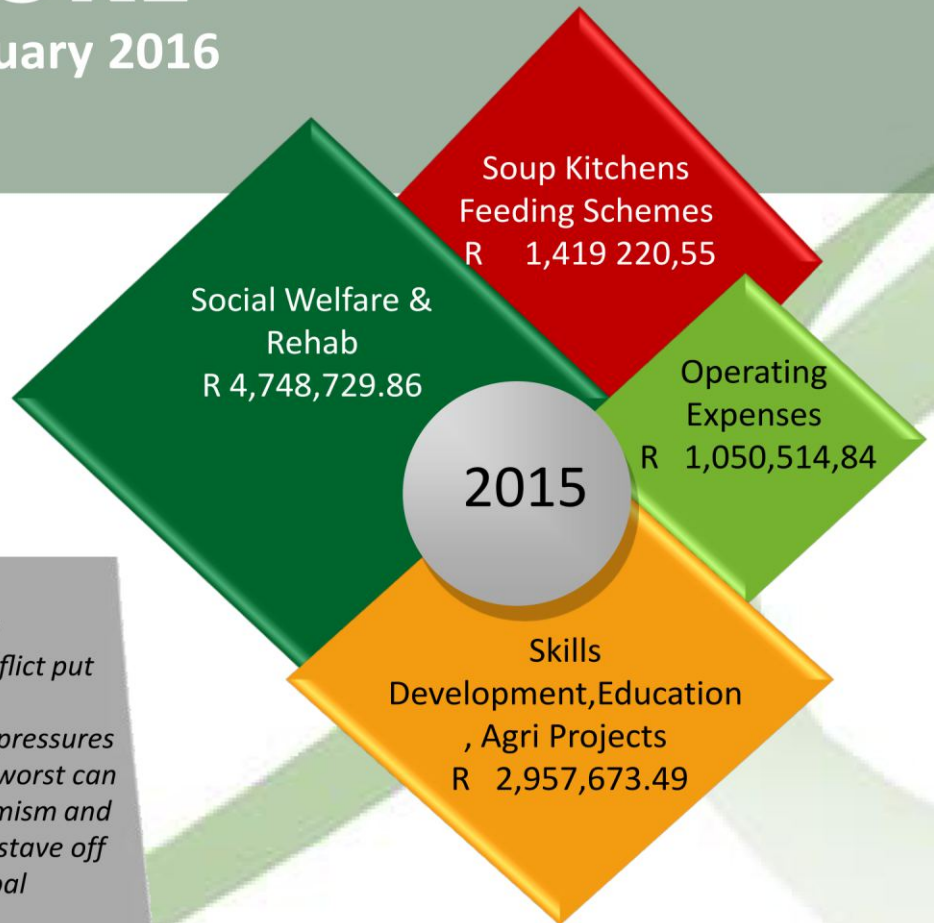


EXPENDITURE

Financial Year End February 2016

"Poverty of goods is easily cured; poverty of the mind is irreparable."
Michel de Montaigne

Poverty, disease, debt, lack of quality education, rising population, and conflict put massive pressure on developing countries. The combination of these pressures can breed hopelessness, which at its worst can be fertile ground for terrorism, extremism and instability. In helping poor countries stave off these pressures, we can improve global security and promote economic growth. Providing hope and opportunity to the poor creates stability and prosperity not just for them, but for the world"
– Initiative for Global Development Report 2004



Dr Pali Lehohla said the two provinces had the highest increases in youth experiencing hunger. In 2010 in the Northern Cape, there were 19.4% households with youth that went hungry, compared to 29% in 2014. In the Eastern Cape, the number of hunger experiences for youth went up from 18.6% to 24.5%.

Your Donations sustain a family, educate a student and uplift a community

DONATIONS TOWARDS PROJECTS HOW YOU CAN HELP

ITEMS IN HAMPER

- 500g Macaroni
- 1x 500g Salt
- 3 x Cans tinned food items
- 2 x 500g White Sugar
- 2 x 3kg Rice
- 1 x 500g Sugar Beans

COST R 150.00



FEED A FAMILY

Your donation towards Grocery hampers will feed a hungry family. Basic food items are included in the hamper.

DONATIONS

TOWARDS PROJECTS

HOW YOU CAN HELP

**Section 18a
Tax Exemption
Certificates
provided**

**Sponsor a
Soup Kitchen
for a month**

SPONSOR A SOUP KITCHEN PER MONTH	
DESCRIPTION	COST
3 Bags of 25kg Soup@R370 ea	R 1,110.00
3 Bags of 10kg Samp@R75 ea	R 225.00
2 Bags of 10kg Rice@R60 ea	R 120.00
2 Bags of 10kg Maize Meal@R400 ea	R 120.00
Gas/Electricity	R 200.00
Delivery Cost	R 300.00
TOTAL R 2,075.00	

A 12 week sewing Course to give the students training on entrepreneurial issues, quality production, and at the same time provide the infrastructure, where they work and earn their income in a self-managed business. A business module is included.

OPERATING COST FOR 12 WEEK SEWING COURSE 12 STUDENTS	COST
Sewing Course Support Staff Stipend	R 7,500.00
Computer & Business Course Support Staff Stipend	R 7,500.00
Transportation	R 10,000.00
Sewing Equip & Training Material (thread, fabric, patterns etc)	R 4,000.00
Stationary (scissors, pens, pencils, books, etc.)	R 1,000.00
Meals (lunch 1 day per week, daily tea/ coffee with light snacks)	R 5,000.00
Training Material (computer classes & business classes)	R 1,000.00
Sewing Machine (most outstanding student)	R 3,000.00
Computer (most outstanding student)	R 5,000.00
TOTAL	R 44 000.00

"You can't comfort the afflicted without afflicting the comfortable." – Diana, Princess of Wales

*"Nobody made a greater mistake than he who did nothing because he could only do a little." Nelson Mandela
Former President of South Africa*

SPONSOR AN ICDL COURSE	COST
Computer Essentials	R 1 550,00
Word Processing	R 1 250,00
Spreadsheets	R 1 250,00
Online Essentials	R 1 250,00
Database	R 1 250,00
Presentations	R 1 250,00
Virtual Logbook or Key	R 400.00
TOTAL	R 8 200.00

We appeal to Big Business to sponsor applicants for this exciting course and equip entrepreneurs and job seekers with computer skills. **YOUR ASSISTANCE BY SPONSORING A CANDIDATE FOR AN ICDL BASE PLUS COURSE COMPRISING 6 MODULES.**

CONTACT DETAILS

Head Office 12 Market Street, North End, Port Elizabeth
6001
TEL: 041 484 1288
FAX: 041 484 1214
EMAIL: alfidaa@telkomsa.net

Postal Address 10389 Linton Grange, Port Elizabeth, 6015

Chairperson Nazir Munshie 082 786 3432
EMAIL: chairperson@alfidaa.co.za

Office Representative Mohammed Matvad 078 627 7231
EMAIL: admin@alfidaa.co.za

Website www.alfidaa.co.za

Facebook <https://www.facebook.com/Al-Fidaa-Foundation>

REGISTRATION STATUS

NPO: 070-651

PBO: 930 033 996

BBBEE: 1622 COGP EME

ECCSD Supplier Number: ECS02944

BANKING DETAILS

BANK: Standard Bank

ACC NAME: Al Fidaa Foundation

ACC NUMBER: 201 309 351

BRANCH CODE 024210

BRANCH Berry's Corner, P.E

Al Fidaa'
FOUNDATION

Together Enriching Communities