



BRIEF OUTLINE

AL-FIDAA FOUNDATION was formed in August 2008 to assist the needy in areas of the Eastern Cape. Our ambition is to assist impoverished individuals, irrespective of creed, race or culture.

To achieve this goal a three-fold strategy has been initiated viz.

Soup Kitchen Feeding Projects established to provide nutritious meals to impoverished individuals/ communities.

- Skills Development and Education Programs have been initiated by Al-Fidaa Foundation to educate and empower individuals in order to gain financial independence as well as employment.
- Social Welfare & Poverty Alleviation projects have been established to provide social welfare to the poor in the form of food hampers, blankets, clothes etc.

WHY ASSIST IN THE EASTERN CAPE?

- 72% the population lives below the breadline
- 20% of the population are dependent on grants, allowances and remittances as main income .“(National Development Agency)
- 10 of the poorest municipalities are in the Eastern Cape Large scale unemployment due to lack of skills
- 83.9 % of people older than 18 are not in possession of a Grade 12 qualification
- In many of the impoverished areas of Port Elizabeth, most households earn between R801 to R1 500.
- 63.2% do not have money for health care
- 47.4% do not have money for education
- 99.5 % do not have a geyser or piped hot water
- 40 to 50 areas defined as poor or distressed in the areas of Nelson Mandela Metro. Most households without flush toilets, piped waste removal and access to infrastructure. 36 percent rely on wood and paraffin for cooking. 40 to 50 areas defined as poor in Nelson Mandela Metropolitan region.

We pledge ourselves to liberate all our people from the continuing bondage of poverty, deprivation, suffering, gender, and other discrimination.” Nelson Mandela



SOUP KITCHENS

The Soup Kitchen Feeding Program began in 2008 providing 1000 meals a month. Within a few years this has grown to more than a 100 000 meals served monthly at its soup kitchens in Port Elizabeth King Williams Town and East London. Al-Fidaa Foundation has successfully also expanded its projects in the Western Cape due to the high poverty levels.

IMPACT OF FEEDING SCHEMES

AIDS afflicted persons, children prone to a life of prostitution, destitute families and the underprivileged have benefited tremendously from daily feeding schemes operated by Al-Fidaa Foundation. Al-Fidaa Foundation interacts daily with students who are too hungry to focus on lessons, hears the plight of mothers who are sole breadwinners having no food to feed siblings, poverty experienced by the elderly robbed of their grants by cruel relatives; hunger on a daily basis by the hundreds. The Eastern Cape province has always been in the abyss of poverty and unemployment.

From Graff-Reinetta Mthatha, Port Elizabeth to Bisho, hundreds of families experience daily hardships. With little support against the avalanche of poverty the plight of this orphaned province has reached miserable levels.



"Child-headed households exhibit the highest poverty, of up to 50% in Eastern Cape " National Development Agency in State of Poverty and its Manifestation in the Nine Provinces of South Africa

POVERTY IN EC

"Of the 22 million people loving in poverty in South Africa, nearly 3.9 million live in the Eastern Cape. This means that 44% of South Africa's population and 57% of the province's population live in poverty."

"The International Labour Organization keeps statistics on.....indicates that South Africa's LFPR has been falling for many years. When South Africa's LFPR is compared with that of 189 other countries South Africa has one of the lowest rates in the world along with such countries as Iraq, the occupied Palestinian territories, Iran, Egypt and Tunisia."

"The Eastern Cape has one of the highest levels of food insecurity in South Africa."

"3856462 of the EASTERN CAPE live below the breadline."

"30 percent are unemployed."

According to the estimates, about 78% of the households in the province may be classified as food insecure."

According to the International Labour Organization (ILO), a 70% or more labour absorption rate is considered good while a rate less than 50% is considered low. The Eastern Cape's absorption rate was one of the lowest of all provinces at 39% (compared to a 41% absorption rate for the country), very revealing of poor employment prospects within the province"

Source: Eastern Cape Socio Economic Consultative Council 2012 (ECSECC July 2012)



HOSPITALS & CLINICS

OUTPATIENT FEEDING PROGRAM

Many needy ailing persons queue early in the morning to receive medicine or medical attention, Al-Fidaa Foundation provides a nutritious cup of soup cherished by the many who await assistance in government hospitals and clinics. Your donation will feed many a hungry children and elderly present for a long day patiently awaiting medical attention. Fresh, hot soup is prepared at the hospitals and is provided free of charge with a slice of bread. Many patients that receive meals at the clinics and hospitals are affected with HIV and T.B. These patients are required to take their medication after consuming a nutritious meal. HIV positive patients in particular are in need of good nutrition as much as 20 to 30 percent more kilocalories than your average ill patient. By receiving the nutrition from the meal provided they are now able to take their medication with ease. Please contact our office at 041 484 1288 and also participate in our gifts distribution to the many sick children in the children's wards of government hospitals.

Gifts include at times sweets and basic health care products depending on availability of funds. Many parents who barely manage the taxi fare to visit their sickly kids are overwhelmed by visitors spending time talking to them and handing out little hampers to their beloveds. Speak to one of our field workers to participate in this noble task!



#	Musallah Name	Address
1	Livingstone Hospital	Stanford Road Korsten
2	Uitenhage Hospital	Channer Road Uitenhage
3	West End	Baubina Road West End
4	Chatty Clinic	Bertram Road Bloemendal
5	Korsten Clinic (Livingstone)	Stanford Road Korsten



SKILLS ENTERPRISE DEVELOPMENT

Al-Fidaa Foundation believes that skilling an individual to become financially independent is the reliable approach to ridding the scourge of poverty and its ill effects from our communities. An individual who earns is a role model for future generations and is a boon to society. For this, an Enterprise Development Centre has been catering for applicants to learn a skill and provide a platform for that individual to make a stand in today's harsh economic environment.

SEAMSTRESS TRAINING ENTERPRISE

The goal of the SKILLS programme is to provide free opportunities for young people, living in the Eastern Cape, to develop them personally, as well as to improve their academic performances and career opportunities, as a contribution to poverty reduction and self-reliance. To be able to achieve this goal, a skills centre was established in Nelson Mandela Metro in 2011. Here the youth can find an environment to develop their personalities

and their personal and interpersonal skills e.g. by participating in (creative) projects. Finally, young people have the chance to acquire the necessary business skills to implement their own ideas and run them as profitable businesses. In this way they will be able to contribute to sustainable development of the region. A Business Module has been added to provide additional training on business principles and practices.

AL-FIDAA FOUNDATION IS A PROVISIONALLY ACCREDITED SETA SERVICE PROVIDER



**“Consequently, the richest provinces have the lowest poverty among households depending on entrepreneurial income).”
National Development Agency in State of Poverty and its Manifestation in the Nine Provinces of South Africa**



ST ALBANS TUNNEL FARM

OUR OBJECTIVES AT THE ST ALBANS TUNNEL FARM ARE:

- Create sustainable income for Al-Fidaa Foundation's projects
 - Empowering Al-Fidaa to expand it's beneficiaries by the thousands
 - Employment opportunities for the previously disadvantaged
 - Providing skills training for underprivileged women
 - Ecology awareness to our "green world"
 - Agricultural training programs for the youth
 - Mentoring programs for upcoming black farmers. The Department of Agriculture Eastern Cape has made available to us:
 - 6 Shade cloth Commercial Tunnels
 - Bore-hole
 - Irrigation System
- 3 Phase Electricity This has given us the start to produce crops with great success. Currently we are leasing the plot and our intent is to seek funding to purchase the land to protect the infrastructure at present and to secure future investments. Supporting the Al-Fidaa Foundation will allow rapid expansion of our projects and create financial support to our projects and great job employment.

Providing Skills Training For Underprivileged Woman "...the challenge for rural development has been to address the marginalization of the poor, with many households in rural areas trapped in a vicious circle of poverty." POLICY SPEECH 2014-2015

"...This province is characterized by high levels of unemployment.... agriculture, agritourism and beautiful rural landscapes potential have not been tapped to their fullest

EMPOWERING AL-FIDAA TO EXPAND IT'S BENEFICIARIES BY THE THOUSANDS

Province of the
EASTERN CAPE
DEPARTMENT OF RURAL DEVELOPMENT AND AGRARIAN REFORM

64 Govan Mbeki Ave, Old Mutual Building, Port Elizabeth, Private Bag 20012 Port Elizabeth 6000
Tel: 083 2653115, Website: www.drdrar.gov.za
email: Thebank.nyokana@drdar.gov.za

Your Reference: _____

MEMORANDUM

TO:	MR NAZIR MUNSHIE LEAF FOR LIFE FOUNDATION P.O. BOX 10389 LINTON GRANGE PORT ELIZABETH
FROM:	DISTRICT DIRECTOR: DRDAR
DATE:	20 APRIL 2015
SUBJECT:	LEAF FOR LIFE FOUNDATION

Dear Mr Munshie,

We hereby acknowledge the work done by the Leaf For Life Foundation in conjunction with the Al-Fidaa Foundation (NPO 070-651). The Leaf For Life Foundation is a Public Benefit Organization (PBO) Number: 930 047 747.

The Department has provided the farming project with 6 Shade net Tunnels, an irrigation system, containers for storage and fertilizers. We are pleased that the resources bestowed by the Department have been utilized correctly and we have the conviction that this project will empower the unemployed in the area and provide vital skills, especially to the women who are breadwinners to their families.

All the best for the humanitarian activities of the Al-Fidaa Foundation and for the farming activities of Leaf For Life Foundation.

Kind Regards
[Signature] DATE: 20/04/2015

MR. U Nyokana
DISTRICT DIRECTOR: DRDAR

Vibrant, equitable, sustainable rural communities and food security for all. Page 1

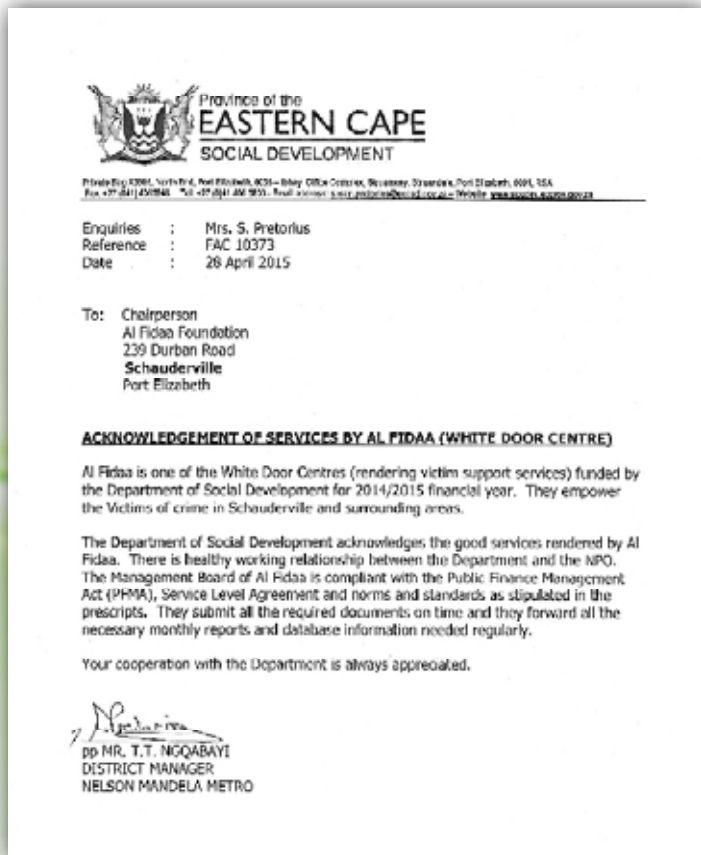
capacities." POLICY SPEECH 2014/2015
" ...It is one of the provinces that have a potential in producing sufficient food for its people and South Africa by effective utilization of the rich resources at its disposal. This alone has job creation spin offs that address challenges associated with underdevelopment. The coordinated approach to service delivery is a recipe for developed rural communities." POLICY SPEECH 2014/2015



WHITE DOOR CENTRE

Al-Fidaa Foundation has partnered with the Department of Social Development in the Eastern Cape to operate a White Door Centre of Hope, situated at 239 Durban Road Korsten. White Door Centres operate as victim support centres; providing services such as:

- Counselling and Referral to the closest professional victim's service site.
- A safe secure environment.
- Basic emotional containment.
- Basic care items: blanket, refreshments, hygiene pack.



24HR CARELINE



The A-Fidaa Foundation Careline is a 24hr telephonic counselling services. Trained volunteer counsellors, psychologists and social worker are available to counsel individuals telephonically.




- Domestic Violence • Sexual Offenses • HIV/ Terminal Illnesses • Suicide • Stress • Anxiety Depression • Assault and Robbery • Family Relationships & Mediation

"Change your thoughts and you change the world." Vincent Peale



OTHER PROJECTS & ASSISTANCE

E-MAIL: ajonas@justice.gov.za
 TELEPHONE: 5025 445
 DIALING CODE: 041
 FACSIMILE NUMBER: 484 5595



OFFICE OF THE SENIOR PUBLIC PROSECUTOR
 PORT ELIZABETH
 PRIVATE BAG: X 3904
 POSTAL CODE: 6056

THE NATIONAL PROSECUTING AUTHORITY OF SOUTH AFRICA
 GUNYA JIKELELE LEABETHSHISHI BO MZANTSI AFRIKA
 DIE NASIONALE VERVOLGINGSGESAG VAN SUID-AFRIKA

ENQUIRIES: A. JONAS
 DATE: Tuesday, 28 April 2015

The Al Fidaa Foundation
 White Door Centre
 239 Durban road
 KORSTEN
 Attention: Mr. Mohammed Matvad


Re: Your assistance program for victims

I would like to extend my gratitude to your organization for the assistance that you are currently rendering to the child victims and witnesses who are attending court. These children often travel long distances to get to court, they are often hungry and have to spend hours at court giving evidence.

The feeding scheme that you have introduced, contributes both to the nutritional and mental wellbeing of our children. It put the prosecutors in a position to take a child witness to court who is more focused and who can perform better in the court environment.

The meals that you supply each day add a positive dimension to the child's court experience. The prosecutors and court preparation officers at the New Law Courts appreciate your contribution.

ALEX JONAS
 REGIONAL COURT CONTROL PROSECUTOR:
 PORT ELIZABETH

SOUTH AFRICAN POLICE SERVICE  SUID-AFRIKAANSE POLISIEDIENS

My reference / My verwysing 25/6/2[10/2014]

Enquiries / Navrae: Brig Soekoe
 Capt January

Tel :041-4022059
 Fax / Faks :041-4522002
 E-mail : EC: Gelvandale Saps

OFFICE OF THE STATION COMMANDER
 SOUTH AFRICAN POLICE SERVICE
 GELVANDALE
 P/BAG X 16015
 PORT ELIZABETH
 6020
 2015-04-22

The Manager
 Al-fidaa Foundation

APPRECIATION LETTER

- We, at the Gelvandale SAPS, would like to take this opportunity to thank you for your selfless help and dedication to the community of the Gelvandale Policing Precinct.
- With the launch of the Gelvandale SAPS Community Projects, you embraced the concept and offered your help and assistance, without question.
- Your giving and caring spirit made us believe that, with a little effort and your support, we could not only win the fight against crime, but also restore our community's sense of self.
- Continue with your good work and never stop to care for our less fortunate community members. And always remember: a person never remembers how hungry they were, they remember how good their last meal were.
- Thank you for feeding and caring for our community and thank you for giving them hope and something to look forward to.

Kind regards
CAPT M JANUARY
 PROJECT MANAGER: GELVANDALE SAPS

LAW COURT PLEAS FOR ASSISTANCE



In South Africa there were 64 514 sexual offences in 2012
 176 per day
 7 every hour

Senior Prosecutor Nomfele saying "we have two dedicated courts dealing with sexual offences" "we requesting lunch packages for our child victims that are coming to court to testify." "most of them come with empty stomachs which affect their ability to think straight and respond to questions."

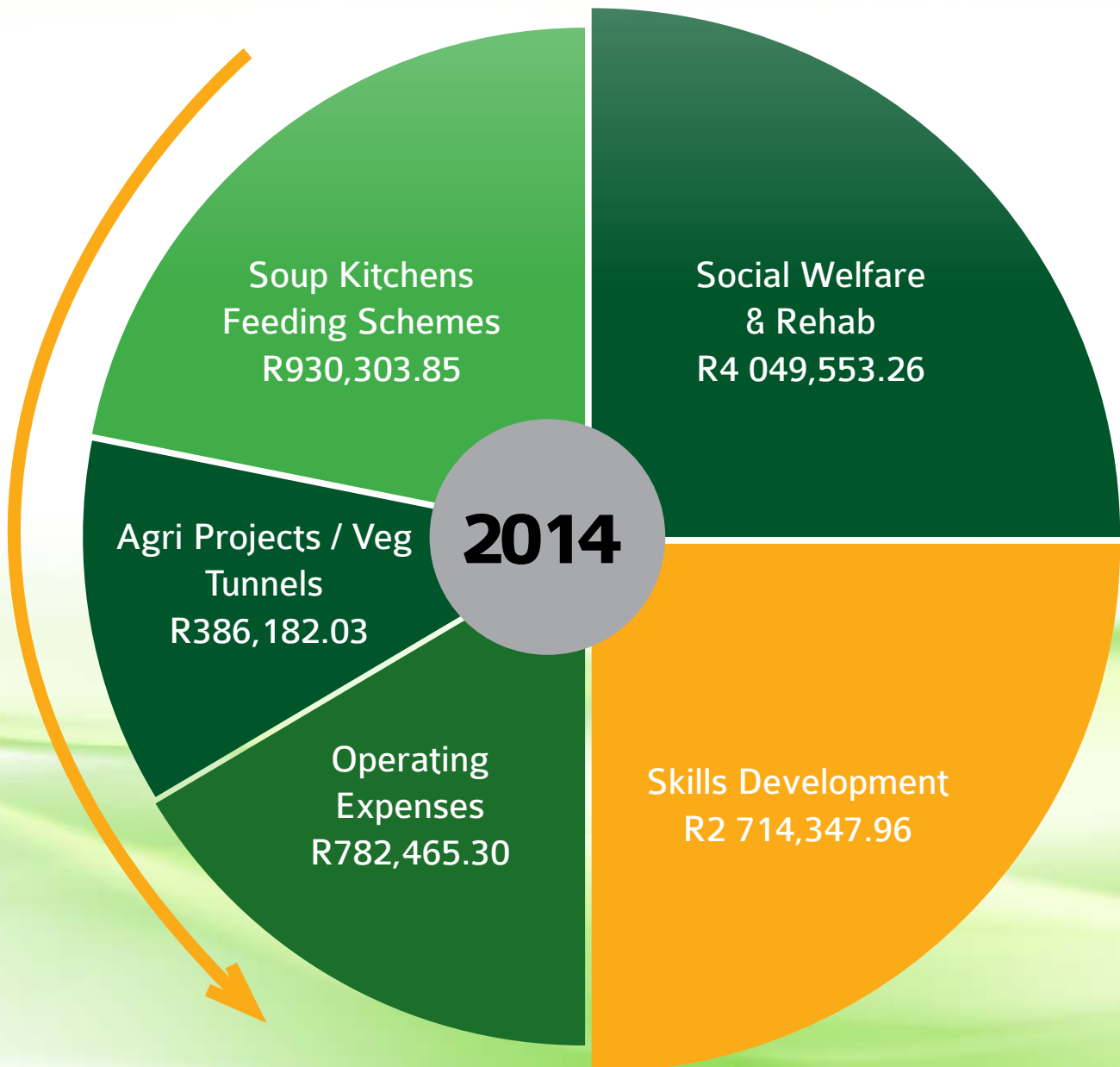
WHITE DOOR CENTRE

PLAN OF ACTION
 Al-Fidaa Foundation White Door Centre provides a lunch pack for the children who are victims of sexual offenses which include rape and molestation. They are given a juice, sandwich, fruit/nuts.



EXPENDITURE

Financials For The Year 28 February 2014 Ending 28 February 2015



Audited Financials Statements are available on our website www.alfidaa.co.za



DONATE TOWARDS THE AL FIDAA



GROCERY HAMPER

You don't have to be like Bill (Gates) to help alleviate poverty in the Eastern Cape. All it takes is a rich heart to bring a smile to a hungry child or a sigh of relief to an anxious parent. Change the face of poverty with your sacrifice.

DONATE R300 PER HAMPER

OR YOUR R2 / R20 / R200 WILL CONTRIBUTE TOWARDS A GROCERY HAMPER

We operate over 50 Soup Kitchens in the Nelson Mandela Bay serving thousands of meals to the impoverished. Al Fidaa Foundation - Caring for Communities

DONATE TO **ACCOUNT NAME** AL FIDAA FOUNDATION **BANK** STANDARD BANK
ACCOUNT NR 201 309 351 **BRANCH CODE** 024210 **REFERENCE** GROCERY HAMPER



PBO 930 033 996 NPO 070- 651
Section 18a certificates issued upon request
For more info visit www.alfidaa.co.za or call 041 484 1288



HOW YOU CAN HELP

Your donation will feed a hungry child or ailing patient. Our soup kitchen volunteers witness poverty on a large scale daily and the meals that we are able to supply to these hungry individuals are the only meals they consume. Sponsoring a sewing or computer course gives not only training and employment opportunities but hope to individuals enrolled in these courses.

DESCRIPTION	COST
3 Bags of 25kg Soup @ R370 ea	R 1110.00
3 Bags of 10kg Samp @ R75 ea	R 225.00
2 Bags of 10kg Rice @ R60 ea	R 120
2 Bags of 10kg Maize Meal @ R400 ea	R 120
Gas/Electricity	R 200
Delivery Cost	R 300
TOTAL	R 2 075.00

SPONSOR A SKILLS DEVELOPMENT COURSE

Operating Cost Per 12 Week Course For 10 Students

Description	Amount
Sewing Course Support Staff Stipend	R 7 500.00
Computer & Business Course Support Staff Stipend	R 7 500.00
Transportation	R10 000.00
Sewing Equipment and Training Material (thread, fabric, patterns, etc.)	R 4 000.00
Stationary (scissors, pens, pencils, books, etc.)	R 1 000.00
Meals (lunch one day per week, daily tea and coffee with light snacks)	R 5 000.00
Training Material (computer classes & business classes)	R 1 000.00
Sewing Machine (most outstanding student)	R 3 000.00
Computer (most outstanding student)	R 5 000.00
Total Cost	R44,000.00



Founder
Mobile
Email

Nazir Munshie
082 786 3432
chairperson@alfidaa.co.za

Office Representative
Mobile
Email

Muhammad Matvad
078 627 7231
admin@alfidaa.co.za

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P.O. Box 10389, Linton Grange, Port Elizabeth, 6015
Tel: +27 (0) 41 4841288 Fax: +27 (0) 41 484 1214
Email: alfidaa@telkomsa.net Web: www.alfidaa.co.za

REGISTRATION STATUS

NPO: 070-651
PBO: 930 033 996
BBEE: CLK006312012/1

BANKING DETAILS

Bank	Standard Bank
Account Name	Al-Fidaa Foundation
Account Number	201 309 351
Branch	Berry's Corner, PE
Branch Code	024210
Swift Address	Sbzazajj

