

Sacrificing ours for the need of others for the pleasure of the Almighty

Annual Report 2014



Schools & Creche



Skills Development



Soup Kitchens



Vegetable Tunnels

Social Development & Welfare

A BRIEF OUTLINE

AL FIDAA FOUNDATION was formed in August 2008 to assist the needy in areas of the Eastern Cape. Our ambition is to assist impoverished individuals, irrespective of creed, race or culture.

To achieve this goal a three-fold strategy has been initiated viz.

- Soup Kitchen Feeding Projects established to provide nutritious meals to impoverished individuals /communities.
- Several Skills Development and Education Programs have been initiated by Al Fidaa Foundation to educate and empower individuals in order to gain financial independence and employment.
- Many Social Welfare & Poverty Alleviation projects have been established to provide social welfare to the poor in the form of food hampers, blankets, clothing etc.



WHY ASSIST THE EASTERN CAPE

- » 72 % of the population lives below the breadline
- » 7/10 of the poorest municipalities are in the Eastern Cape
- » Large scale unemployment due to lack of skills
- » 83.9 % of people older than 18 are not in possession of a grade 12 qualification

In many of the impoverished areas of Port Elizabeth, most households earn between R801 to R1500.

- » 63.2 % do not have money for health care
- » 47.4 % do not have money for education
- » 99.5 percent do not have a geyser or piped hot water
- » 40 to 50 areas defined as poor or distressed in the areas of Nelson Mandela Metro

Most households without flush toilets, worst piped waste access and infrastructure.

36 percent rely on wood and paraffin for cooking. 40 to 50 areas defined as poor in Nelson Mandela Metropolitan region.

" Poverty in the Eastern Cape is a national disaster." HSRC Soup Kitchen Feeding Stations" The most unequal society in the world. ...in the long run it is bad for growth. It is a threat to social stability and to growth itself. The long run trend is a worrying one." Prof. Haroon Borat (UCT, Economics)

Your acts of kindness are iridescent wings of divine love, which linger and continue to uplift others long after your sharing. -Rumi

SOUP KITCHEN FEEDING PROJECT

The Soup Kitchen Feeding Program began in 2008 providing 1000 meals a month. Within a few years this has grown to more than a 100 000 meals served monthly at its soup kitchens in Port Elizabeth, King Williams Town and East London . Al Fidaa Foundation has also successfully expanded its projects in the Western Cape due to the high poverty levels.

Impact of Feeding Schemes

Aids afflicted persons, children prone to a life of prostitution, families of destitution and the underprivileged have benefited tremendously from daily feeding schemes operated by the All Fidaa Foundation.

Al Fidaa Foundation interacts daily with students who are too hungry to focus on lessons, mothers who are sole breadwinners having no food to feed siblings, poverty experienced by the elderly robbed of their grants by cruel relatives-hunger on a daily basis experienced by the hundreds.

The Eastern Cape province has always been in the abyss of poverty and unemployment. From Graaff-Reinet to Umtata, PE to Bisho, hundreds of families experience daily hardships. With little support against the avalanche of poverty the plight of

this orphaned province has reached miserable levels.

Al Fidaa Foundation has initiated over thirty feeding schemes in Port Elizabeth, East London to provide instant relief for many who are not capable to improving their lot. This quick fix solution for hunger is a must, compassion demands our assistance to sustain a hungry person whilst so many live lives of luxury.

Your donations will provide a simple wholesome meal to an innocent child, a patient at a clinic seeking medical attention or a student with the nutrition to absorb the lesson for the day. View our list of Soup Kitchens or click on the Gallery to see the joy your donations bring to the hundreds Al Fidaa Foundation reaches through its feeding schemes in the Eastern Cape.

Cost of running a soup kitchen:

Description	Cost
3 Bags of 25kg Soup at R370 each	R 1,110.00
3 Bags of 10kg Samp at R75 each	R 225.00
2 Bags of 10kg Rice at R60 each	R 120.00
2 Bags of 10kg Maize Meal at R60 each	R 120.00
Gas / Electricity	R 200.00
Delivery cost	R 300.00
Total	R 2,075.00



ENTERPRISE DEVELOPMENT CENTRE



Al Fidaa Foundation believes that skilling an individual to become financially independent is the reliable approach to ridding the scourge of poverty and its ill effects from our communities. An individual who earns is a role model for future generations and is a boon to society. For this, an Enterprise Development Centre has been catering for applicants to learn a skill and provide a platform for that individual to make a stand in today's harsh economic environment.

garment manufacturing since its inception. Al Fidaa Foundation has also acquired provisional Seta accreditation for this course.

COMPUTER TRAINING CENTRE

The computer room is a spacious classroom equipped with twenty computers networked to a server. Each computer is outfitted with the Microsoft software allowing learners to gain the necessary skills to be competitive in the ever growing and advancing field of computers. The purpose of the Computer training centre is to train and teach computer literacy to current and post grade 12 learners who have not had access to training.

SPONSORSHIP OF STATIONERY, UNIFORMS

Al Fidaa Foundation sponsors several schools and learners with essential items needed for education such as stationery, school uniforms, shoes etc.

SEAMSTRESSES TRAINING ENTERPRISE PROGRAM

Al Fidaa Foundation endeavors to select from our data base of young female individuals who wish to become financially independent. Our aim is to train these individuals and gift them with tools for their trade. We have successfully trained 40 plus females with the knowledge and skills to do pattern making, alterations and



"Education is the most powerful weapon we can use to change the world."
-Nelson Mandela



careline
0861 000 349

Al Fidaa Foundation operates a telephonic careline that is operated by qualified psychologists and trained counsellors. This careline is open to the general public and provides support for problems such as depression, rape, suicide, HIV etc.



SOCIAL WELFARE & POVERTY ALLEVIATION

Al Fidaa Foundation has numerous SOCIAL WELFARE PROJECTS which have been initiated to assist individuals overcome the effects of poverty in their communities. These projects range from provision of essential items such as food hampers, blankets etc. to household repairs. Furthermore, financial assistance is given to deserving families & individuals who may be unemployed or too ill/old to find employment.

SPONSORSHIP OF SMALL BUSINESS START-UP COSTS

Al Fidaa Foundation has also assisted many individuals to become financially independent by donating funds to purchase capital equipment (or stock) to begin their own business. The Foundation has sponsored individuals to begin their own house shops, welding business, automotive repair workshops and food stalls. Further information can be found on the Al Fidaa website. (www.alfidaa.co.za)

OTHER SKILLS DEVELOPMENT & EDUCATION PROJECTS

Al Fidaa Foundation has sponsored a number of unemployed individuals to attend training courses at accredited training facilities in P.E. The objective is to empower young, eager and vibrant individuals to become financially independent by providing the appropriate training & skills.

Success has been achieved by many of those who have successfully completed these courses in the following fields:

- PLUMBING
- SECURITY SERVICES
- I.T.
- GAME RANGER
- MASONRY
- WELDING
- CARPENTRY

Give a man a fish and you feed him for a day. Teach a man to fish and you feed him for a lifetime.

The poor man is not he who is without a cent, but he who is without a dream





HOSPITAL AND CLINIC OUTPATIENT FEEDING PROGRAM

Many needy ailing persons queue early in the morning to receive medicine or medical attention, Al Fidaa Foundation provides a nutritious cup of soup cherished by the many who await assistance in government hospitals and clinics. Your donation will feed many a hungry children and elderly present for a long day patiently awaiting medical attention. Fresh hot soup is prepared at the hospitals and is provided free of charge with a slice of bread. Many patients that receive meals at the clinics and hospitals are affected with HIV and T.B. These patients are required to take their medication after consuming a nutritious meal. Hiv positive patients in particular, are in need of good nutrition as much as 20 to 30 percent more calories than your average ill patient.

By receive the nutrition from the meal provided they are now able to take their medication with ease.

Please contact our office at 041 484 1288 and also participate in our gifts distribution to the many sick children in the children's wards of government hospitals. Gifts include at times sweets and basic health care products depending on availability of funds. Many parents who barely manage the taxi fare to visit their sickly kids are overwhelmed by visitors spending time talking to them and handing out little hampers to their beloveds. Speak to one of our field workers to participate in this noble task! List of feeding stations at clinics and hospitals.

Livingstone Hospital

Uitenhage

Korsten Clinic

West End Clinic

Chatty Clinic





HERALD CITIZEN OF THE YEAR

YUSUF LORGAT, PRO OF AL FIDAA FOUNDATION WINS THE PRESTIGIOUS CITIZEN OF THE YEAR 2012 AWARD



The award recognises the activities of an exceptional individual of any age, who's outstanding service to their community and determination to do over and above what is expected of them, positively contributes to the welfare and social development of the community in Nelson Mandela Bay and surrounding areas. -Heather Robertson-Editor.The Herald

This prestigious award was awarded to Mr Yusuf Lorgat PRO of the All Fidaa Foundation for his past sacrifices and his sterling contribution to communities in the in Nelson Mandela Bay and surrounding areas. - Heather Robertson-Editor. The Herald
Lorgat was one of five finalists down from twelve that were profiled at the

ceremony in Port Elizabeth. But the 75 year old Port Elizabeth resident, who has devoted his retirement to the Al Fidaa Foundation since 2008 to assist the needy with feeding schemes, financial aid, sewing courses and computer literacy courses - impressed the judges the most. - Prudence Mini - The Herald journalist



MANDELA AWARD 2014

YUSUF LORGAT PRO OF AL-FIDAA FOUNDATION RECEIVED THE MANDELA AWARD FROM SASCOC IN RECOGNITION OF HIS HARD WORK TOWRADS SPORT DURING THE DAYS OF STRUGGLE. 2014



Approximately 69 heroes and heroines received special awards at a gala dinner hosted by the South African Sports Confederation and Olympic Committee (SASCOC) in Johannesburg on Monday, 5 May.

The main purpose of this prestigious event was to celebrate the forgotten heroes and heroines who exhibited fighting spirit during

the days of struggle in South Africa and how the sports movement has emerged after re-acceptance into the international sports scene.

After many years of contributing to sport, many activists have gone unnoticed. It is therefore appropriate that SASCOC pause and remember these stalwarts for their contribution over so many years. Many of them are no longer in sport and others have been called to higher service. As we celebrate 20 years of freedom, let us go back in time and remember what it took in sport to get us here. "A night at a gala dinner may not seem enough but at SASCOC we believe it is a good gesture that can help us make a start to honour all those heroes and heroines who put in so much." Added SASCOC CEO, Tubby Reddy

ST. ALBANS TUNNEL FARM

OUR OBJECTIVES



Our objectives at the St Albans Tunnel Farm are:

- Create sustainable income for Al-Fidaa Foundation's projects
- Empowering Al-Fidaa to expand it's beneficiaries by the thousands
- Employment opportunities for the previously disadvantaged
- Providing skills training for underprivileged women
- Ecology awareness to our "green world"
- Agricultural training programs for the youth
- Mentoring programs for upcoming black farmers

The Department of Agriculture Eastern Cape has made available to us:

- 6 * Shade cloth Commercial Tunnels
- Borehole
- Irrigation System
- 3 Phase Electricity

This has given us the start to produce crops with great success, please view our brochure for further details. Currently we are leasing the plot and our intent is to seek funding to purchase the land to protect the infrastructure at present and to secure future investments. Supporting the Al Fidaa Foundation will allow rapid expansion of our projects and create financial support to our projects and great job employment.



Empowering Al-Fidaa To Expand It's Beneficiaries By The Thousands

" ...It is one of the provinces that have a potential in producing sufficient food for its people and South Africa by effective utilization of the rich resources at its disposal. This alone has job creation spin offs that address challenges associated with underdevelopment. The coordinated approach to service delivery is a recipe for developed rural communities." POLICY SPEECH 2014/2015

"...This province is characterised by high levels of unemployment.... agriculture, agri tourism and beautiful rural landscapes potential have not been tapped to their fullest capacities." POLICY SPEECH 2014/2015

Providing Skills Training For Underprivileged Woman
 "...the challenge for rural development has been to address the marginalisation of the poor, with many households in rural areas trapped in a vicious circle of poverty." POLICY SPEECH 2014-2015



continuing from St. Albans tunnels

SPONSORING OF VEGETABLE TUNNELS

OVERVIEW

South Africa is largely deemed a “food secure” nation, with the capacity to produce and import enough food to meet the basic nutritional requirements of its population. Yet 30% of the population do not have constant access to sufficient safe and nutritious food for a healthy diet.

Al Fidaa Foundation together with potential sponsors in recognising the need will play a pivotal role in securing wholesome nutritious vegetables for a needy school.

NEED

In South Africa, an estimated 1.5 million children suffer from malnutrition, 14 million people are vulnerable to food insecurity, and 43% of households suffer from food poverty. Appropriate nutrition is particularly important for the large HIV-positive population; the lack of a sufficient, sustained supply of nutritious food contributes to the progression of AIDS-related illnesses, and undermines adherence and response to antiretroviral therapy. At school level, children who are hungry cannot concentrate or perform to their potential.

DIRECT LIFE IMPACT

An investment of R 30, 000 per tunnel will enable:

- Three educators to learn the theory and practice of organic vegetable farming necessary to run a successful vegetable garden as well as to integrate environmental principles into the school curriculum;
- 500 children approximately will benefit from an improved daily nutritional intake as well as better learning on ecology and vegetable farming

BENEFITS TO THE SCHOOL

- Introduces agriculture to the learners, a subject most learners don't have access to
- Provides nutrition to assist learners with concentration in class
- Disadvantage Community members may purchase excess produce at a minimal charge
- Local Supermarkets may purchase produce from the school, thus generating additional funds for the school.
- Entrepreneur skills can be developed amongst learners who are involved with marketing of produce to local supermarkets and retailers
- The food garden can be used for formal learning as well with regard to Life sciences and Biology



WHITE DOOR CENTRE

239 Durban Road, Korsten, Port Elizabeth



AL-FIDAA FOUNDATION WHITE DOOR CENTRE OF HOPE LOCALISED VICTIM SUPPORT CENTRE

Introduction

The crimes against women and children continue to impact on their rights: the right to be treated with fairness and with respect for your dignity and privacy; the right to protection and the right to assistance. In South Africa the levels of crime and violence are seen as one of the biggest threats to the consolidation of democracy and the future stability of the country.

Background

In response to increased reports of crimes against women and children, the Victim Empowerment Programme (VEP), a Programme of the National Crime Prevention Strategy (NCPS) was announced in May 1996 and officially launched in August 1998, however, full implementation only started in January 1999 after a lengthy process of obtaining approval of the inter-sectoral business plan. Prior to 1994, needs of most citizens were neglected and social awareness around crimes involving sexual and domestic violence was very low. The strategy was developed to address the high rate of victimization in South Africa.

VEP has to contribute to building safe and peaceful communities, strengthening a human rights culture and provide more effective,

multi-sectoral, co-ordinated responses to victims of crime and trauma particularly women and children.

Vision

A society in which crime prevention is prioritised and the rights and needs of victims of crime and violence are acknowledged and effectively addressed within a restorative justice framework.

Purpose

To develop, strengthen and monitor integrated victim empowerment policies, programmes and services at all levels through strategic partnerships within and between government and civil society. Specific emphasis is placed on the prevention of victimisation, providing support, protection and empowerment for victims of crime and violence, with a special focus on vulnerable groups.

Goal

The aim of the VEP is to provide a holistic and effective person centered support service for victims of violence and crime. Interventions of both preventative and curative nature are applied.

White Door Concept Defined

The Department of Social Development in collaboration with other stakeholders such as Health, Justice & NPA, SAPS, Education, Correctional Services, Civil Society Organizations aim to provide integrated, responsive and quality service to victims of crime and violence.

All these Centres have mostly volunteers who solely depend on

government and corporate funding for the programme, capacity building and stipend. The utilization of volunteers forms an integral part of the programme.

Definition of a White Door Centre

A white door is a localised victim reception centre that is located as close to the community as possible. It functions as a short term safe space that victims can access if they need to wait for professional services, including the police.

Services Offered

A white door site is a short term safe space and the victim should not remain in the site for more than three to six hours. The site operates as a localised reception-assessment-referral (RAR) site. As these sites are largely manned by community members a clear process flow must be put in place to ensure that the WD can link to the closest professional site. Due to the short length of stay at the WD, limited services will be offered in terms of counseling etc. The victim will only be contained emotionally and then referred out for professional services. In terms of psycho social interventions, only very basic non-professional emotional support will be offered. The following is a summary of services that will be offered at the WD site:

- A safe secure environment.
- Basic emotional containment.
- Referral to the closest professional victim's service site.
- Basic care items, such as a blanket, refreshments and clothing.

"There can be no keener revelation of a society's soul than the way in which it treats its children."
-Nelson Mandela

The father of our Nation, former President Nelson Mandela once said: "Overcoming poverty is not a task of charity; it is an act of justice. Like Slavery and Apartheid, poverty is not natural. It is man-made and it can be overcome and eradicated by the actions of human beings. Sometimes it falls on a generation to be great. YOU can be that great generation. Let your greatness blossom."

DONATE TOWARDS THE AL FIDAA GROCERY HAMPER



You don't have to be a rich person to help alleviate poverty in the Eastern Cape. All it takes is a rich heart to bring a smile to a hungry child or a sigh of relief to an anxious parent. Change the face of poverty with your sacrifice.

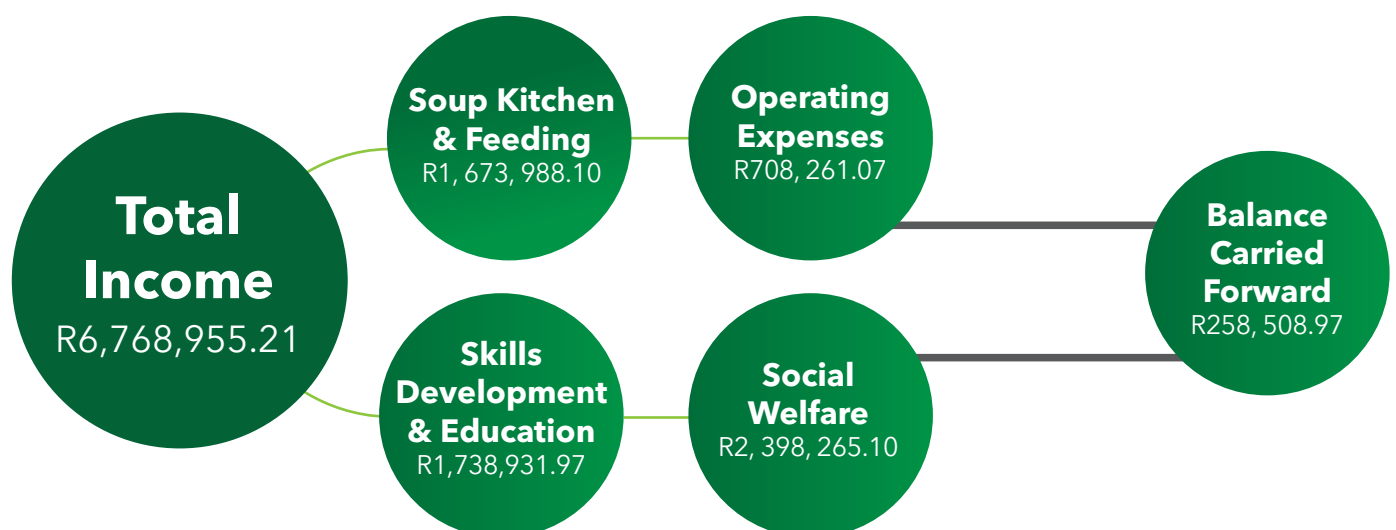
DONATE R300 PER HAMPER

OR YOUR R3 / R30 / R300 WILL CONTRIBUTE TOWARDS A GROCERY HAMPER

ITEM LIST

- Rice 5kg
- White Sugar 2.5kg
- Cake Flour 2.5kg
- Maize Meal 2.5kg
- Cooking Oil 750ml
- Milk 1Lt
- Tea 100's
- Coffee 250g
- Lentils 500g
- Samp & Beans 500g
- Soup Mix 500g
- Sugar Beans 500g
- Baked Beans 410g
- Pilchards Tomato 400g
- Peas 410g
- Macaroni 500g
- Spaghetti 500g
- Pitted Dates Block 250g
- Peanut Butter 250g
- Jam Apricot 600g
- Eggs 6's
- Concentrated Juice 1Lt
- Body Soap 175g
- Toothpaste 100ml
- Candles 450g

FINANCIALS 28TH FEBRUARY 2014



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Skills Development



Soup Kitchens



White Door Centre

REGISTRATION STATUS

NPO: 070-651
PBO: 930 033 996
BBBEE: CLK006312012/1

BANKING DETAILS

Bank	Standard Bank
Account Name	Al-Fidaa Foundation
Account Number	201 309 351
Branch	Berry's Corner, PE
Branch Code	024210
Swift Address	SBZAZAJJ