



SOCIAL DEVELOPMENT AND WELFARE





BRIEF OUTLINE

AL FIDAA FOUNDATION was formed in August 2008 to assist the needy in areas of the Eastern Cape. Our ambition is to assist impoverished individuals, irrespective of creed, race or culture.

To achieve this goal a three-fold strategy has been initiated viz.

- Soup Kitchen Feeding Projects established to provide nutritious meals to impoverished individuals / communities.
- Several Skills Development and Education Programs have been initiated by Al Fidaa Foundation to educate and empower individuals in order to gain financial independence and employment.
- Many Social Welfare & Poverty Alleviation projects have been established to provide social welfare to the poor in the form of food hampers, blankets, clothing etc.

WHY ASSIST THE EASTERN CAPE?

- » 72 % of the population lives below the breadline
- » 7/10 of the poorest municipalities are in the Eastern Cape
- » Large scale unemployment due to lack of skills
- » 83.9 % of people older than 18 are not in possession of a grade 12 qualification

In many of the impoverished areas of Port Elizabeth, most households earn between R801 to R1500.

- » 63.2 % do not have money for health care
- » 47.4 % do not have money for education
- » 99.5 percent do not have a geyser or piped hot water
- » 40 to 50 areas defined as poor or distressed in the areas of Nelson Mandela Metro

Most households without flush toilets, worst piped waste access and infrastructure. 36 percent rely on wood and paraffin for cooking. 40 to 50 areas defined as poor in Nelson Mandela Metropolitan region.

“Poverty in the Eastern Cape is a national disaster.” HSRC Soup Kitchen Feeding Stations

“The most unequal society in the world. ...in the long run it is bad for growth. It is a threat to social

stability and to growth itself. The long run trend is a worrying one.” Prof. Haroon Borat (UCT, Economics)

“THERE ARE MANY PEOPLE IN SOUTH AFRICA WHO ARE RICH AND WHO CAN SHARE THOSE RICHES WITH THOSE NOT SO FORTUNATE WHO HAVE NOT BEEN ABLE TO CONQUER POVERTY”. -NELSON MANDELA



SOUP KITCHEN FEEDING PROJECT

SOUP KITCHEN FEEDING PROGRAM

The Soup Kitchen Feeding Program began in 2008 providing 1000 meals a month. Within a few years this has grown to more than a 100 000 meals served monthly at its soup kitchens in Port Elizabeth, King Williams Town and East London . Al Fidaa Foundation has successfully also expanded its projects in the Western Cape due to the high poverty levels.

IMPACT OF FEEDING SCHEMES

Aids afflicted persons, children prone to a life of prostitution, families of destitution and the underprivileged have benefited tremendously from daily feeding schemes operated by the All Fidaa Foundation.

Al Fidaa Foundation interacts daily with students who are too hungry to focus on lessons, hears the plight of mothers who are sole breadwinners having no food to feed siblings, poverty experienced by the elderly robbed of their grants by cruel relatives-hunger on a daily basis experienced by the hundreds.

The Eastern Cape province has always been in the abyss of poverty and unemployment. From Graaff-Reinet to Umtata, PE to Bisho, hundreds of families experience daily hardships. With little support against the avalanche of poverty the plight of this orphaned province has reached miserable levels.

Al Fidaa Foundation has initiated over thirty feeding schemes in Port Elizabeth, East London to provide instant relief for many who are not capable to improving their lot. This quick fix solution for hunger is a must, compassion demands our assistance to sustain a hungry person whilst so many live lives of luxury.

Your donations will provide a simple wholesome meal to an innocent child, a patient at a clinic seeking medical attention or a student with the nutrition to absorb the lesson for the day. View our list of Soup Kitchens or click on the Gallery to see the joy your donations bring to the hundreds Al Fidaa Foundation reaches through its feeding schemes in the Eastern Cape.

COST OF RUNNING A SOUP KITCHEN:

Description	Cost
3 Bags of 25kg Soup at R350 each	R 1,050.00
3 Bags of 10kg Samp at R75 each	R 225.00
2 Bags of 10kg Rice at R60 each	R 120.00
2 Bags of 10kg Maize Meal at R60 each	R 120.00
Gas / Electricity	R 200.00
Delivery cost	R 300.00
Total	R 1,950.00

“ POVERTY IS A VERY COMPLICATED ISSUE, BUT FEEDING A CHILD ISN’T”.
 Jeff Bridges



HOSPITAL AND CLINIC OUTPATIENT FEEDING PROGRAM

Many needy ailing persons queue early in the morning to receive medicine or medical attention, AlFidaa Foundation provides a nutritious cup of soup cherished by the many who await assistance in government hospitals and clinics. Your donation will feed many a hungry children and elderly present for a long day patiently awaiting medical attention. Fresh hot soup is prepared at the hospitals and is provided free of charge with a slice of bread. Many patients that receive meals at the clinics and hospitals are affected with Hiv and T.B. These patients are required to take their medication after consuming a nutritious meal. Hiv positive patients in particular, are in need of good nutrition as much as 20 to 30 percent more kilocalories than your average ill patient.

By receive the nutrition from the meal provided they are now able to take their medication with ease.

Please contact our office at 041 453 1222 and also participate in our gifts distribution to the many sick children in the children's wards of government hospitals. Gifts include at times sweets and basic health care products depending on availability of funds. Many parents who barely manage the taxi fare to visit their sickly kids are overwhelmed by visitors spending time talking to them and handing out little hampers to their beloveds. Speak to one of our field workers to participate in this noble task!

**“ANYWHERE I SEE SUFFERING,
THAT IS WHERE I WANT TO BE,
DOING WHAT I CAN.” -PRINCESS OF
WALES DIANA**

List of feeding stations at clinics and hospitals

Livingstone Hospital

Dora Nginza Hospital

Provincial Hospital

Uitenhage

Korsten Clinic

West End Clinic

Chatty Clinic





AL FIDAA ENTERPRISE DEVELOPMENT CENTRE



Al Fidaa Foundation believes that skilling an individual to become financially independent is the reliable approach to ridding the scourge of poverty and its ill effects from our communities. An individual who earns is a role model for future generations and is a boon to society. For this, an Enterprise Development Centre has been catering for applicants to learn a skill and provide a platform for that individual to make a stand in today's harsh economic environment.

SEAMSTRESSES TRAINING ENTERPRISE PROGRAM

Al Fidaa Foundation endeavors to select from our data base of

young female individuals who wish to become financially independent. Our aim is to train these individuals and gift them with tools for their trade. We have successfully trained 40 plus females with the knowledge and skills to do pattern making, alterations and garment manufacturing since its inception. Al Fidaa Foundation have also acquired provisional Seta accreditation for this course.

COMPUTER TRAINING CENTRE

The computer room is a spacious classroom equipped with twenty computers networked to a server. Each computer is outfitted with the Microsoft software allowing

learners to gain the necessary skills to be competitive in the ever growing and advancing field of computers. The purpose of the Computer training centre is to train and teach computer literacy to current and post grade 12 learners who have not had access to training. Upon completion students are awarded with an ICDL certificate from www.easylearning.org

SPONSORSHIP OF STATIONERY, UNIFORMS

Al Fidaa Foundation sponsors several schools and learners with essential items needed for education such as stationery, school uniforms, shoes etc.

“GIVE A MAN A FISH AND YOU FEED HIM FOR A DAY. TEACH A MAN TO FISH AND YOU FEED HIM FOR A LIFETIME” -LAO TZU (LAOZI)



OTHER SKILLS DEVELOPMENT & EDUCATION PROJECTS

Al Fidaa Foundation has sponsored a number of unemployed individuals to attend training courses at accredited training facilities in P.E. The objective is to empower young, eager and vibrant individuals to become financially independent by providing the appropriate training & skills.

Success has been achieved by many of those who have successfully completed these courses in the following fields: PLUMBING - SECURITY SERVICES - I.T. - GAME RANGER - MASONRY WELDING - CARPENTRY

COMPUTER TRAINING CENTRE

The Foundation has also established a Computer Training Centre at its Skills Development centre.

The objective of this project is to provide a facility and training centre for unemployed adults to learn invaluable computer skills to empower these individuals to be able to find employment.



Al Fidaa Foundation operates a telephonic careline that is operated by qualified psychologists and trained counsellors. This careline is open to the general public and provides support for problems such as depression, rape, suicide, HIV etc.

SOCIAL WELFARE & POVERTY ALLEVIATION

We look forward to companies coming aboard by donating equipment/machinery or offering a working space to applicants. If companies could request our team with specific skills they are needy of, Al Fidaa could strive to teach applicants those skills bridging the gap between job searching and having the relevant qualifications. Due to our large data base of needy cases, Al Fidaa has the background checks necessary to select individuals for companies who require job placement for their companies.

SPONSORSHIP OF SMALL BUSINESS START-UP COSTS

Al Fidaa Foundation has also assisted many individuals to become financially independent by donating funds to purchase capital equipment (or stock) to begin their own business. The Foundation has sponsored individuals to begin their own house shops, welding business, automotive repair workshops and food stalls. Further information can be found on the Al Fidaa website. (www.alfidaa.co.za)



THE HERALD GM CITIZEN OF THE YEAR



The award recognises the activities of an exceptional individual of any age, who's outstanding service to their community and determination to do over and above what is expected of them, positively contributes to the welfare and social development of the community in Nelson Mandela Bay and surrounding areas. -Heather Robertson-Editor.The Herald

This prestigious award was awarded to Mr Yusuf Lorgat PRO of the All Fidaa Foundation for his past sacrifices and his sterling contribution to communities in the in Nelson Mandela Bay and surrounding areas. - Heather Robertson-Editor.The Herald

Lorgat was one of five finalists down from twelve that were profiled at the ceremony in Port

Elizabeth. But the 75 year old Port Elizabeth resident, who has devoted his retirement to the Al Fidaa Foundation since 2008 to assist the needy with feeding schemes, financial aid, sewing courses and computer literacy courses - impressed the judges the most. - Prudence Mini - The Herald journalist



HERALD CITIZEN OF THE YEAR

YUSUF LORGAT, PRO OF AL FIDAA FOUNDATION WINS THE
PRESTIGES CITIZEN OF THE YEAR 2012 AWARD

READ MORE AT WWW.ALFIDAA.CO.ZA

“ THE POOR MAN IS NOT HE WHO IS
WITHOUT A CENT, BUT HE WHO IS
WITHOUT A DREAM ”



TUNNEL FARM PROJECT

OVERVIEW

South Africa is largely deemed a "food secure" nation, with the capacity to produce and import enough food to meet the basic nutritional requirements of its population. Yet 30% of the population do not have constant access to sufficient safe and nutritious food for a healthy diet.

Al Fidaa Foundation together with potential sponsors in recognising the need will play a pivotal role in securing wholesome nutritious vegetables for a needy school.

NEED

In South Africa, an estimated 1.5 million children suffer from malnutrition, 14 million people are vulnerable to food insecurity, and 43% of households suffer from food poverty. Appropriate nutrition is particularly important for the large HIV-positive population; the lack of a sufficient, sustained supply of nutritious food contributes to the progression of AIDS-related illnesses, and undermines adherence and response to antiretroviral therapy. At school level, children who are hungry cannot concentrate or perform to their potential.

DIRECT LIFE IMPACT

An investment of R 20, 000 per tunnel will enable:

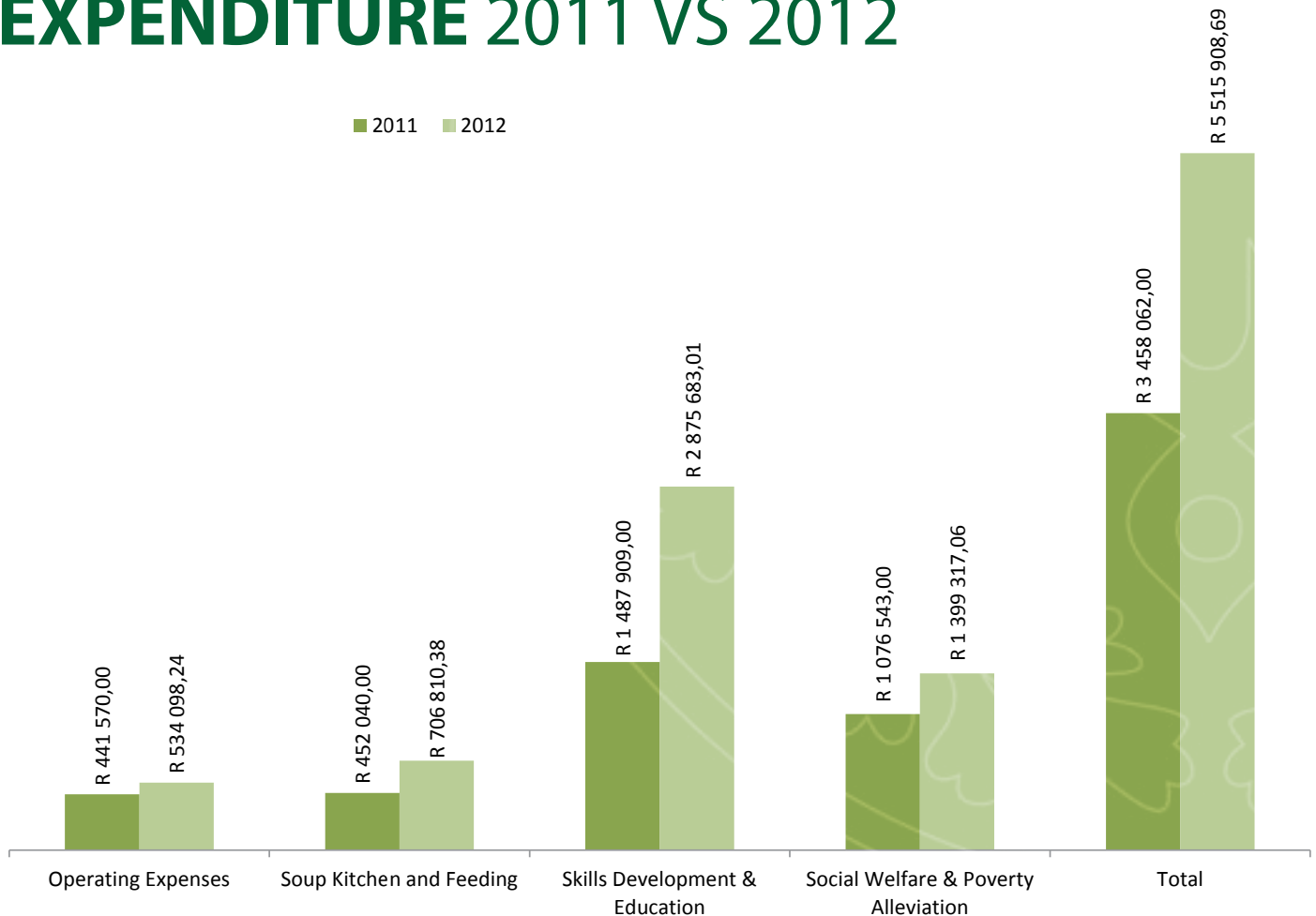
- 3 educators to learn the theory and practice of organic vegetable farming necessary to run a successful vegetable garden as well as to integrate environmental principles into the school curriculum;
- 500 children approximately will benefit from an improved daily nutritional intake as well as better learning on ecology and vegetable farming

BENEFITS TO THE SCHOOL

- Introduces agriculture to the learners, a subject most learners don't have access to
- Provides nutrition to assist learners with concentration in class
- Disadvantage Community members may purchase excess produce at a minimal charge
- Local Supermarkets may purchase produce from the school, thus generating additional funds for the school.
- Entrepreneur skills can be developed amongst learners who are involved with marketing of produce to local supermarkets and retailers
- The food garden can be used for formal learning as well with regard to Life sciences and Biology



EXPENDITURE 2011 VS 2012



THE FUTURE OF AL-FIDAA FOUNDATION

Our goal is to expand our operations to provide assistance to all disadvantaged people and communities throughout the Eastern Cape irrespective of race, gender or religion. In order to achieve this, financial constraints have to be overcome to achieve a greater impact on our impoverished communities.

We hope to expose our activities to the greater public for better support in order to achieve this goal and furthermore since AL FIDAA FOUNDATION serves the poor irrespective of religion or colour.



HOW CAN YOU HELP

Please assist Al Fidaa Foundation to alleviate the face of poverty in the Eastern Cape by making a donation to one of our projects.

SEAMSTRESSES TRAINING

Sponsor 10 students for an eight week course

Description	Cost
Salary for Instructor (two months)	R 7 000.00
Sewing equipment & training material (thread, fabric, patterns etc).	R 4 000.00
Stationary (scissors, pens, pencils, books etc)	R 1 000.00
Transportation for students	R 4 000.00
Meals (various days lunch is provided)	R 2 400.00
Sewing machine (most outstanding student)	R 1 600.00
Total	R 20 000.00

COMPUTER LITERACY PROGRAM

Sponsor 10 students over a 3 week period.

Description	Cost
Salary for Instructor (3 weeks)	R 3 000.00
Icdl course registration keys	R 6 350.00
Transportation for students	R 1 500.00
Meals (various days, lunch is provided)	R 900.00
Total	R 11 750.00

SPONSOR A FEEDING CENTRE:

Description	Cost
3 Bags of 25kg Soup at R350 each	R 1,050.00
3 Bags of 10kg Samp at R75 each	R 225.00
2 Bags of 10kg Rice at R60 each	R 120.00
2 Bags of 10kg Maize Meal at R60 each	R 120.00
Gas / Electricity	R 200.00
Delivery cost	R 300.00
Total	R 1,950.00



HOW CAN YOU HELP

SPONSOR A VEGETABLE TUNNEL

Item	Cost
Ongoing expenses: 12 month period	
Monthly Inspection	R 100.00
Monthly Maintenance	R 200.00
General Assistant for upkeep	R 200.00
Sub-total	R 500.00
Total for 12 month period	R 6 000.00
Sub-total	
Capital expenses:	
Ground Preparation	R 1 100.00
Irrigation	R 500.00
Tunnel Structure	R 8 000.00
Sand	R 600.00
Bags	R 900.00
Seedlings	R 500.00
Hardware Materials, spades , forks, wheelbarrow	R 1 350.00
Petrol	R 1 000.00
Telephone	R 50.00
Sub-total	R 14,000.00
Project Total	R 20,000.00

Any financial contribution to a desired project will be greatly appreciated.

NB. Al-Fidaa Foundation offers corporate donors Section 18a tax exemption certificates.

CONTACT DETAILS

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Email

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REGISTRATION STATUS

NON-PROFIT ORGANISATION (NPO) REGISTRATION NUMBER:	070-651
PUBLIC BENEFIT ORGANISATION (PBO) NUMBER:	930 033 996
BLACK ECONOMIC EMPOWERMENT (BBBEE) NUMBER:	CLK006312012/1

BANKING DETAILS

BANK	STANDARD BANK
ACCOUNT NAME	Al-Fidaa Foundation
ACCOUNT NUMBER	201 309 351
BRANCH	Berry's Corner, Port Elizabeth
BRANCH CODE	024210
SWIFT ADDRESS	SBZAZAJJ

PHYSICAL ADDRESS

50a Stanford Road
Korsten
Port Elizabeth
6001

POSTAL ADDRESS

P.O. Box 10389
Linton Grange
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6015

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www.alfidaa.co.za