## April 2016 UPDATE: CASES AT Al-FIDAA FOUNDATION WHITE DOOR CENTRE

A total of 40 victims for the month of April 2016 seen at the Al-Fidaa Foundation White Door Centre 239 Durban Road, Korsten and the satellite office container (based in Schauderville). This month's overview sees a few cases highlighting the impacts of socioeconomic issues such as substance abuse, retrenchment, unemployment and gangsterism on families.

- A 58 year old mother concerned about her teenage daughter's pregnancy. The mother fears for her daughter's future as her daughter and the 17 year old father of the unborn child plan on getting married while the parents feel that they need to complete their schooling before getting married.
- 2. A 55 year old father of a teenage daughter who is involved with a gangster. Despite her father's warnings and a shooting incident, she is adamant about continuing the relationship.
- 3. A grieving mother of 2 teenagers fearing for her life and that of her surviving children after losing her eldest in a gang related shooting. Her family has received death threats from the alleged perpetrators of the shooting.
- 4. A 38 year old grieving mother unable to let go of the tragic loss of her baby in a drunken driving incident last year. The driver of the vehicle admitted to drinking at the time of the incident but insisted that his car had been tampered with as well. According to the victim, the perpetrator tried to make amends at the time by contributing to the funeral expenses and also providing food for herself and surviving child.
- 5. 47 year old unemployed single father struggling to meet his daily expenses as well as the care of a disabled teenage daughter. The only income is currently the state disability grant of the teen.
- 6. 41 year old wife who is HIV positive and currently unemployed. With both husband and wife unemployed, victim is facing increased health problems as she currently is forced to take her ARV's on an empty stomach.
- 7. A 39 year old single mother of a toddler approached the centre for counselling. She is currently in relationship with the father of the child but feels anxious and depressed as she feels he is delaying any plans to get married. Her concern is that he is not invested in their future and that is his reason for the apathy and delays.
- 8. A 68 year old male concerned about his 90 year old father's wellbeing after the aged parent ended up in hospital with a head injury as a result of a fall. The aged parent resided with other family members and the victim is concerned about the ability of aforementioned family members to take care of his aged and frail father.
- 9. A 25 year old male with concerns of his father's physical abuse of his mother. Both parents have alcohol abuse problems but only one attends Alcoholics Anonymous meetings. Disagreements between the couple escalated to the point where the victim's mother had no choice but to call upon the police for help.
- 10. Counselling was sought by a married couple with two children fallen on hard times. Anxiety and stress over their situation drove the wife to seek counselling. Her current income does not meet their daily expenses and she resorts to asking her parents for assistance regularly. The husband

was employed for a short time before finding himself unemployed after a change in management at his place of employment.

- 11. 31 year old female victim of a mugging approached the centre for counselling. She is currently residing with a parent. Victim feels frustrated and helpless as a result of the mugging. She has also lost her house keys and some personal documentation making her feel very unsafe to sleep in her own house.
- 12. 38 year old female on the run from a physically and sexually abusive partner. She has entrusted the care of her children to a parent and is currently pregnant with a child conceived during a rape from said partner. She is currently looking at options to give the baby up for adoption.
- 13. 33 year old unemployed female seeking assistance. Victim has plans to move out of the parental home to live in a shack as a result of disagreements between herself and her parents; her parents are of the opinion that she needs to seek employment to support herself. Victim feels otherwise.
- 14. 54 year old grandmother taking care of a grandchild amidst her concerns of sustenance as her husband does not support her financially or otherwise.
- 15. 26 year old mother of 2, seeking marital counselling. Throughout the nine years of marriage, her husband has not supported her or their children and she feels she has had enough.
- 16. 33 year old male contracted HIV after being gang raped in prison. Upon his release he is finding it difficult to acclimatize socially and secure employment.
- 17. 44 year old female, separated from her spouse, approached the centre for counselling. She is battling to keep afloat financially and feels that she needs to relocate and start a life elsewhere.
- 18. 32 year old unemployed single mother of 2 residing with a sibling and her children as well as an aged parent. Currently, the household relies entirely upon the pension of the parent.
- 19. 53 year old disabled male residing alone and currently feeling lonely and worried about his future as he relies heavily upon his ageing mother.
- 20. 37 year old male residing with his mother after his father abandoned the family. He currently feels frustrated and burdened with the responsibility he feels should not be his to bear.
- 21. 59 year old widow without any income finding it difficult to make ends meet. An unemployed adult son resides with her but does not contribute to the household. His reluctance to secure employment frustrates the victim as she has no other means of support and had hoped to rely on her son.
- 22. 51 year old mother of 2 adult addicts approached the centre having reached the end of her patience. While rental is an income for the victim's spouse, the constant theft by her children of household items has reduced her to tears as they refuse to recognize or seek help despite the damage their addiction is causing to the family.
- 23. 4 year old divorcee and mother of 3 seeking assistance at the White Door Centre for advice on pursuing legal guardianship or fostering status for the child of her late sister. She has decided to pursue this matter as the father of the child has not supported his daughter financially or otherwise for the past three years.
- 24. 23 year old single mother of one seeking assistance and counselling. Victim was ostracized by the community for bearing a child out of wedlock despite her insistence to the community that the child was conceived in a rape incident. After months of struggling and constant upheavals

and evictions due to harassment by other community members, she is now in a secure residence albeit struggling to make ends meet and take care of a sickly child.

- 25. 40 year old mother of 2 seeking advice on schooling options for her child who was recently assessed and declared a below average student with severe learning difficulties. She is unclear as to what this means and is not happy with the explanation and the outcome of the school's assessment on the matter.
- 26. A 35 year old father of two struggling to make ends meet after being retrenched. He is currently concerned about the financial situation as he is the only support for his wife and children aside from a child support grant.
- 27. 52 year old married male suffering from hypertension and stress. The child support grant of two children and the income of his wife from casual cleaning jobs.
- 28. A 63 year old male pensioner seeking a place of residence while on the waiting list for a place at an old age home He does not received support or an offer of a home from his adult children and relies on the kindness of friends or stranger to provide a temporary lodgings.
- 29. 69 year old pensioner struggling financially as the pension is the only income that is to cover her daily living expenses as well as utilities water, electricity and rates accounts.
- 30. 65 year old female pensioner facing impending homelessness after given notice of eviction from her current residence. She is still on the waiting list at the local home for the aged.
- 31. 57 year old married couple both unemployed with children and unable to meet their living expenses approached the centre. The strain of the financial difficulties is impacting on the family relationships.