March 2016 UPDATE: CASES AT AI-FIDAA FOUNDATION WHITE DOOR CENTRE

A total number of 44 victims for the month of March 2016 seen at the Al-Fidaa Foundation White Door Centre 239 Durban Road, Korsten and the satellite office container based in Schauderville. This month's overview sees several cases of parents battling with children over various issues like schooling, behaviour, family problems, illnesses and substance abuse.

- A 39 year old divorced mother of 1 battling depression. Her concerns were mostly about her
 children who witnessed the verbal abuse she suffered at the hands of her former husband. Her
 concern about the impact this has had on him escalated after being called in by his teacher
 about the lack of interest and behavioural changes in him.
- 2. An 11 year old male brought in by a parent regarding behavioural issues. The victim feels isolated and rejected by his peers as well as teachers.
- 3. 31 year old single parent approached the centre for assistance as her 7 year old has been, according to the mother, "getting out of hand" and is marked as a problem child known for truancy and engaging in physical fights with other learners. Her efforts to approach him to resolve the issue and find the source of the problem have been in vain. She has taken him for assessments for ADHD and is awaiting the outcome. The concern and strain has taken its toll and led her to seek assistance at the White Door Centre.
- 4. 52 year old mother dealing with suspicions that her daughter is abusing drugs and alcohol. Her daughter's behaviour as well as upheaval in her personal life (going through a divorce) has meant the victim taking responsibility for the welfare of her grandchildren. She is currently trying to obtain guardianship.
- 5. 51 year old single mother of 5 struggling to keep a roof over her own head as well as that of her biological and foster children. The only income is the child support grant of 2 dependants.
- 6. 26 year old divorcee residing in a shack with three children, one HIV positive and the other suspected to have brain cancer. Her income is based on the child support grant. No support is forthcoming from the father of the children. The process to apply for guardianship for the foster child commenced before the divorce.
- 7. An 18 year old going through the grief process, blaming herself for a parent's death due to a drug overdose. The victim feels that she focused too much on her school examinations and neglected to take note of her mother's behaviour. The deceased was a heavy user of drugs and alcohol.
- 8. A 38 year old male blaming himself for a parent's death. Walking into the home to find the prone body of the deceased parent, he suspected that she passed out after a drinking binge. It later turned out that she has passed away.
- 9. 33 year old mother of a teen whom she suspects is having a relationship with a trusted family friend approached the centre for counselling. The mother feels strongly about her suspicions despite denials by both parties. The minor is currently being assisted by a social worker for other issues.

- 10. 52 year old widow residing with a daughter and grandchildren. The father of the children is deceased as a result of a shooting, leaving the family without financial support aside from a child support grant.
- 11. A married mother of 1 diagnosed with epilepsy and HIV recently burgled and residing with family friend. The couple is expecting a new baby and both are currently unemployed.
- 12. A family member of a suspected drug addict approached the centre with her concerns. The teen is involved with a gang and has dropped out of school.
- 13. Recently married couple expecting a new baby struggling financially as both are unemployed.
- 14. 69 year old pensioner recently lost a parent. She has inherited the family home and resides alone but is unable to meet her daily living expenses. Fear of debt and isolation are her current concerns.
- 15. 29 year old unemployed mother of 2 currently involved with a partner who is not supportive of her and her children. His lack of commitment and employment has caused her some uncertainty as to the stability and viability of the relationship.
- 16. 29 year old mother of 3 trying to repair the damage in her marriage she feels was caused by her husband abuse of her as well as his heavy use of alcohol and drugs. His lack of effort to seek marriage counselling resulted in her moving out of the home and residing with a family member.
- 17. A 33 year old mother of 1 trying to keep her family together. Her husband relocated to another city for work purposes. A year later he contacted her to inform her that he is well and residing in a new city with another wife. She eventually forgave him for the hurt and betrayal she feels caused by his lack of concern.
- 18. 30 year old mother of 3 residing with family members as she has no means of financial support. She feels isolated and despondent about her situation as she relies on the family for herself as well as the children.
- 19. 43 year old mother residing with family. Constant bickering amongst members of the household has resulted between family members due to financial strain. The victim has been given notice of eviction and is fearful of striking out on her own.
- 20. A 36 year old recently widowed mother of 2 currently unemployed and struggling to provide for her family. She is unable to approach family for assistance as the breakdown of communication with her family began at the commencement of her relationship with her late husband.
- 21. 44 year old married mother recently separated from an abusive husband. His abusive behaviour prompted her to seek a restraining order while she has moved out of her home to reside with a parent.
- 22. 27 year old single unemployed female residing with an aged relative recently became guardian to her sister's children. The new responsibility has left the victim with concerns including financial as well as the whereabouts of the childrens' mother, who dropped them off without a word and has not resurfaced since.
- 23. 36 year old unemployed mother of 4 seeking counselling. With four kids and expenses like school fees, transport, rental and daily living expenses piling up, she feels frustrated and disappointed in her spouse whom she feels is not making more of an effort to seek employment and that he makes no effort whatsoever.

- 24. 54 year old grandmother taking care of a grandchild. She feels that her adult children, who are both well off, make no effort to concern themselves with her wellbeing or that of her grandchild. The only income she currently has is the child support grant.
- 25. 27 year old mother of 3 seeking counselling. Having been forcibly removed from the family home she had resided in, after a parent's passing, she is now seeking a place to live as well as employment. Her positive HIV status as well as lack of employment prompted her to leave 2 children with an older family member as she is only able to take care of her infant.
- 26. A 66 year old pensioner struggling financially and emotionally. Her stressors include concern for an adult son she feels was wrongfully accused and arrested for a crime he did not commit. She has been experiencing deep disappointment and distress as the youngest son has involved himself with unsavoury characters. She fears for her life and does not want to return home as the recent release of the eldest son from prison has resulted in death threats to her family.
- 27. A 70 year old widowed pensioner struggling financially. She is the sole caregiver for a disabled son. Her concerns for her own health and longevity as well as that of her son once she has passed on are major stressors.
- 28. 34 year old separated mother of 4 currently experiencing crisis as she is now the sole support for her children. The lack of financial assistance from the father of the children has forced her to change schools for them as the fees as well as the transport at the current school will be an expense she is unable to cover by herself.
- 29. 59 year old recently separated female who is unemployed. She is unable to meet her daily living expenses and regularly approaches family or friends for assistance for food.
- 30. A 50 year old father of 2, widowed when his wife died during childbirth. He is unemployed and battling to keep food on the table and a roof over their heads.
- 31. 66 year old pensioner assaulted by her grandson. The assault and theft of her items to fuel his drug habit prompted her to take steps and have him arrested.
- 32. A 50 year old female who admits to alcohol addiction but feels that her husband's lack of support is disappointing as she feels that he also has a drinking problem but his denial is not helping the situation. The husband feels that he is able to control his alcohol consumption and is not willing to change his lifestyle to accommodate her.
- 33. A 34 year old male with anger issues. He acknowledges that petty issues result in an overreaction by him and he approached the centre for counselling. The passing of a friend has caused some issues for him.
- 34. A 40 year old female victim sought counselling and advice after finding out her husband has been engaged in extra marital affairs. He refuses to seek counselling or make any effort to repair the marriage according to her.
- 35. A 39 year old single male diagnosed with HIV and recently lost a partner to the virus. He feels he needs to inform their children but is not sure how to broach the subject.