

JULY 2017 UPDATE: CASES AT AI-FIDAA FOUNDATION WHITE DOOR CENTRE

17 victims recorded for the month of July at the Al-Fidaa Foundation White Door Centre, 239 Durban Road, Korsten. The following are brief summaries of cases seen:

1. 22 year old single mother of 1 seeking assistance. The victim is unemployed, receives no support from the father of her child and is dealing with several challenges alone; the victim is the sole support to an ailing parent and is facing the birth of her unborn child alone.
2. 70 year old pensioner confided in the counsellor for counselling. A recent cancer scare caused him tremendous anxiety. The victim has dealt with recent traumatic experiences including being robbed in his home. UPDATE: the victim informed the counsellor that due to improvement, his doctor at a local hospital decided that there would be no need to operate.
3. 26 year old mother of 4 seeking counselling after the trauma of her house demolished by fire; resulting in family members admitted to hospital for smoke inhalation and broken limbs while trying to escape. The victim is overwhelmed with the losses whilst preoccupied with funeral arrangements of a family member who died as a result of smoke inhalation.
4. 51 year old husband and father of 2 experiencing socioeconomic distress; after undergoing heart surgery he has not been able to get on track and provide for his family. The pressure of providing for the upkeep of his family is impacting negatively on his health.
5. 45 year old unemployed wife and mother battling to keep a roof over her head. The victim and husband are unemployed and despite her efforts, are not able to procure anything more than casual jobs – which has not always worked out ideally as there have been situations where employers neglect to pay her.
6. 35 year old mother of 2 seeking marital counselling at the White Door Centre. The victim and husband are currently separated whilst she is residing with other family members. She feels that his continued lack of support over the years as well as being a poor role model for their children has driven her to the decision of seeking a divorce.
7. 55 year old mother of adult children approached the centre for counselling. The victim suffered a stroke and feels that it was brought on by the number of difficulties she has been facing. The victim also sought advice on obtaining guardianship of her grandchild as she feels concerned about the environment the child is being brought up in.
8. 49 year old mother of an alleged drug addict who sought counselling and referral earlier in this year and updated the counsellor on her situation; the victim is currently feeling optimistic and reports overall improvement on her relationship with her son.
9. 47 year old widow and mother of a 5 year old daughter battling to make ends meet after losing her partner in a shooting incident. The victim is still grieving and struggling to get by without an income as she relies heavily on the child support grant.
10. A concerned mother called in to the White Door Centre seeking a referral for a family member who is allegedly suicidal and addicted to crystal meth. The victim was referred to Fort England Psychiatric Hospital which is a government funded drug rehabilitation centre in Grahamstown.
11. 37 year old mother of 4 seeking assistance with a protection order; the victim is allegedly verbally harassed by a neighbour on a daily basis and is unable to endure this anymore.
12. A 70 year old concerned grandmother was referred to a child psychologist for an evaluation regarding her grandson. The child has been identified by his teachers as a problem child. The recent reappearance of the child's mother in his life has initiated some change.

13. A couple approached the counsellors seeking marital counselling. Challenges in their marriage allegedly included interference by outside parties as well as unresolved baggage. Efforts are being made by the couple to improve on the communication styles in their relationships.
14. 42 year old father of a teenager seeking a referral to the Department of Social Development. The victim has been working with a social worker regarding the placement of his daughter in a safe environment as he feels he is incapable of providing a stable home for her.
15. 55 year old divorcee battling to make ends meet. The victim extricated herself from her marriage after years of enduring abuse for fear of being alone and having to restart her life. She alleges that the isolation and lack of emotional as well as financial support from family members drove her to resort to prostitution to support herself. The shame and strain of keeping this a secret became unbearable and she decided to seek counselling and assistance.