FEBRUARY 2016 UPDATE: CASES AT AI-FIDAA FOUNDATION WHITE DOOR CENTRE

A total number of 23 victims for the month of February 2016 seen at the Al-Fidaa Foundation White Door Centre 239 Durban Road, Korsten and the satellite office container based in Schauderville. Below is the overview of some cases presenting at the offices:

- 1. 33 year old mother of 2 residing with relatives. With a child support grant as her only income, the past year has been marked by socioeconomic distress and financial instability.
- 2. 43 year old widow and mother of a troubled teen with a history of substance abuse and stints at rehab. Victim feels unsafe in her own home and fears for her personal wellbeing and that of her property.
- 3. 47 year old mother of 3 residing with immediate family members. The father of her children does not contribute willingly or regularly to their upkeep and as a result daily living expenses are hard to meet.
- 4. A 33 year old recently widowed expectant mother of 3 struggling to make ends meet as her late husband was the sole provider. She is currently unable to secure employment and the future of her family weighs heavily on her shoulders.
- 5. A 23 year old mother of one residing with her divorced parents. The situation in the household is tense with constant bickering between her divorced parents. This along with her fears about an upcoming medical procedure is the cause of anxiety and distress.
- 6. 40 year old mentally disabled male residing with family members whom he relies on to take care of him but their continuous neglect has brought him to the point where he feels he cannot reside with them any longer.
- 7. 41 year old divorced mother concerned about the wellbeing of her son as he has been distant and withdrawn of late. She feels the impact of the divorce may be the reason for his behaviour.
- 8. 42 year old female with positive HIV status struggling to make ends meet. Neither herself nor her husband are employed.
- 9. 16 year old female assaulted by a sibling who is a substance abuser (TIK). His behaviour has caused great distress in the family and the constant theft, demands for money, and the assault has left her living in fear. She was referred to UVIWE.
- 10. 33 year old single mother dwelling in a shack and doing casual jobs to support her household. Daily living expenses and the lack of support from the father of her children are one of many stressors.
- 11. 29 year old victim of domestic violence approached the centre for assistance. The regular physical and verbal abuse coupled with his substance abuse has all contributed to the breakdown of the marriage and she has decided to seek help.
- 12. 52 year old mother and grandmother of 2 currently unemployed and struggling to make ends meet.
- 13. 90 year old pensioner with colon cancer struggling to make ends meet. He feels the lack of support from his adult children is directly related to their disapproval of his wife.

- 14. 43 year old married mother of 3 struggling to come to terms with a brutal rape incident that occurred several years ago. She has never come to terms with it, focusing on physical rehabilitation at the time and not the emotional damage sustained.
- 15. 78 year old widowed amputee residing alone and surviving on her pension. She is dealing with issues like loneliness and isolation as well as financial.
- 16. 33 year old single mother of 5 residing with family members. She feels that the verbal abuse of her children by a family member is unbearable but because she and her children have no other home to go to, she feels she has to endure.
- 17. 34 year old mother of 1 residing with a grandparent. She is currently unemployed and is feels that she is a burden on the grandparent, whose meagre pension is the sole support for all three family members.
- 18. 45 year old pensioner deciding to take matters into her own hands and seek marriage counselling. Years of verbal abuse which has recently escalated triggered her need to seek counselling and resolve her situation.