

December 2017 UPDATE: CASES AT AI-FIDAA FOUNDATION WHITE DOOR CENTRE

12 victims recorded for the month of December 2017 at the Al-Fidaa Foundation White Door Centre, 239 Durban Road, Korsten. Referrals included Council of Theologians. The following are brief summaries of cases seen:

1. 30 year old wife and mother with 3 children seeking counselling at the centre. The victim recently gave birth to an infant but the family's joy turned to sorrow as after the baby's sudden death in sleep. The victim is severely traumatised and is trying to come to terms with the loss.
2. 29 year old wife and mother of 2 referred; the victim and her children had been removed from their previous environment due to the instability and danger they were in. The victim had been living at a safe house and was referred to the Al-Fidaa White Door centre counsellor.
3. 24 year old mother of 1 seeking counselling. The victim was living in fear of her alleged abuser and approached the centre for counselling. She had tried on several occasions to end the relationship to no avail because her current partner did not hesitate to assault family members in retaliation. Over a year of living in fear and being physically assaulted, with fists and a knife at one point, the victim was unable to bear it any longer.
4. 31 year old wife urgently requiring marriage counselling. The victim claimed that her husband, allegedly an addict, abuses her physically, emotionally and financially. The victim feels that she has tried to resolve their problems but cannot bear it any longer and sought guidance. She was referred to the Council of Theologians.
5. 51 year old single mother of an adult son seeking counselling for the emotional and physical abuse she allegedly puts up with from her son. This victim of domestic violence feels that she cannot handle the abuse and his current involvement with gangsters makes her fear for life as well as his. Update: The victim applied for a protection order with her court case pending.
6. 44 year old diabetic female currently unemployed, seeking counselling. According to the victim, she resided with her mother and stepfather but after unwanted sexual advances from the stepfather, had no choice but to move out and live at another relative's home. The situation has caused a rift between mother and daughter as the victim feels that her mother is disbelieving of her husband's actions.
7. 40 year old wife seeking counselling for family issues. The victim was very emotional and feeling pressured because of husband's alleged insistence on starting a family. The couple has been married over 12 years and after several miscarriages the victim feels that she cannot go through the trauma again. The victim feels that the issue of a baby is putting severe strain on the marriage.
8. 75 year old disabled pensioner suffering with several chronic illnesses residing with her son and daughter in law. The victim confided in the counsellor of the daughter in law's alleged ill treatment of her and abuse of her pension funds. The victim is now considering that alternative accommodation at an old age home is her best option.

9. 54 year old mother of adult children approached the centre for assistance. The victim was allegedly involved in a physically and emotionally abusive relationship for almost 5 years and was devastated after ending the relationship recently to discover that she was HIV positive, contracted by her ex partner. She is currently trying to come to grips with this and also informing her children of her status.
10. 58 year old wife and mother feeling that she has had enough; the victim's alleged financial and emotional abuse by her husband has left her feeling that she has come to the end of the marriage as years of trying to change the situation has not yielded results. The victim's husband allegedly works but as soon as he receives his salary he spends it on friends and neighbours but does not support her or the household.
11. 56 year old widowed grandmother and sole caregiver to her grandchild (after the child's mother passed away a year ago due to an illness), seeking assistance at the White Door Centre. The victim is unemployed and struggling to keep food on the table after the demise of her daughter. The grandmother is disappointed at the behaviour of the child's father who allegedly does not support his child in any way and does not even attempt to maintain a relationship with the child.
12. 41 year old male diagnosed with a mental disorder at the local clinic, seeking help. The victim's dreams of being sexually assaulted have increased in frequency and feels he needs help registered medical services provider to help him stay calm because of his aggressiveness.