

OCTOBER 2020 UPDATE: CASES AT AL-FIDAA FOUNDATION WHITE DOOR CENTRE

25 victims recorded for the month of October 2020 at the Al-Fidaa Foundation White Door Centre, 239 Durban Road, Korsten. Referrals included: Department of Social Development, Al-Fidaa Foundation Skills Development Centre and South African Police Service.

The following are brief summaries of some cases seen:

1. Minor is struggling to cope with sexual assault she suffered. The client complained that a family member allegedly witnessed the assault and did not do anything to help her. The client was referred to the Department of Social Development.
2. Male is in desperate need of counselling for his family who went through a traumatic ordeal. Client fears that his family might drift apart because of the trauma experienced if there is no intervention. Ongoing counselling was offered to the client.
3. Heartbroken parent was allegedly physically assaulted by their minor child. Client is desperate to restore the parent-child relationship. The client was referred to Legal Aid and the Department of Social Development.
4. Frustrated female reported that a family member is allegedly severely neglecting her children and she fears that her children are at risk. The client was referred to the Department of Social Development.
5. Angry male recently learned about a family member was allegedly physically abused by her life partner. Close family members were unaware of the ongoing abuse even though it was over a long period of time. She did not feel able to disclose the abuse to her family. Client is currently unemployed and battling financially. The only current income is the child maintenance sum received from the abusive ex husband. Client was referred to SAPS.
6. Young adult was referred by a service provider. The confused and despondent male is under severe pressure as he had to assume a parental role to his siblings as their biological parent passed away. Client was referred to the Department of Social Development and the Al-Fidaa Foundation Skills Development Centre.
7. Grieving minor is struggling to cope with the death of parents. Client is finding it difficult to establish a relationship with the current guardian. The client was offered ongoing counselling.
8. Frustrated female sought assistance for a child who is displaying risky behaviour due to social issues that occur in their home. Ongoing counselling was offered to the family.
9. Female is worried about the safety and care of her minor family members since their biological mother passed away. The client was referred to the Department of Social Development.

10. Female client reported that she is living in unfavourable circumstances. The client disclosed that she does not share a good relationship with her step-parent and her older siblings are not role models to her as they engage in risky behaviour. Ongoing counselling was offered to the client.
11. Female who was abused and resorted to abusing substances to help her cope with the pain, sought assistance for a rehabilitation centre. Client was referred to the Department of Social Development.
12. Female reported that she is feeling hopeless and despondent as she is estranged from her family. The client has a tertiary qualification and she has been struggling to find employment. The client is feeling anxious because she is struggling to sustain herself without the support of her family. Counselling was offered to the client.
13. Young adult sought advice as she is unskilled and does not have any qualifications. Client is feeling dejected as she has no family support and she is dependent on non-relatives to sustain her. The client was referred to the Al-Fidaa Foundation Skills Development Centre.
14. Female reported that she is caring for a minor who is not a relative. Client disclosed that the child is displaying challenging behaviour and the child's behaviour is causing tension in the family. Ongoing counselling was offered to the client.
15. Frustrated female reported that she is facing emotional turmoil and family problems because of an adult relative who is dependent on her. Ongoing counselling was offered to the client.
16. Desperate female reported that she had to leave her employment due to lack of physical mobility and she is unable to sustain her children.
17. Frustrated mother stated that she is struggling to control her child's behaviour and she is not receiving any support from the child's father regarding the discipline of the child. Ongoing counselling was offered to the client.

Compiled by:
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