

MARCH 2021 UPDATE: CASES AT AL-FIDAA FOUNDATION WHITE DOOR CENTRE

42 victims recorded for the month of March 2021 at the Al-Fidaa Foundation White Door Centre, 239 Durban Road, Korsten. Referrals included: Society Against Abuse of Men South Africa, Department of Social Development, Nationwide Treatment Centre, Families Against Drugs, SAPS, Department of Justice, Department of Education and Nelson Mandela University Psychology Clinic.

The following are brief summaries of some cases seen:

1. Angry female reported that her minor family members is being allegedly physically abused by their biological parent. Client was referred to the Department of Social Development.
2. Sad client is struggling to cope with the death of a close family member who passed away due to Covid-19 related complications. Ongoing counselling was offered to the client.
3. Despondent female who attempted to commit suicide, sought counselling to help her deal with her emotional turmoil. Client was offered ongoing counselling.
4. Stressed female sought assistance for a minor who is abusing substances. Client disclosed that the child is abusive because of the substances. Client was referred to Nationwide Treatment Centre.
5. Parents are worried about their minor child who displays inappropriate sexual behaviour. Client was referred to the Department of Social Development.
6. Sad and frustrated minor reported that he is being physically abused by his family. The client also complained that the biological parents are not doing anything to stop the abuse. Client was referred to the Department of Social Development.
7. Female reported that she lost all her belongings due to a disaster. Client is stressed because she is unemployed and has to rebuild her property and sustain her dependants. Client was referred to the Department of Social Development.
8. Disappointed male reported that government stakeholders are not assisting his family after his minor female relative was sexually assaulted. Ongoing counselling was offered to the client.
9. Elderly male reported that he is being harassed by his ex-life partner. Client stated that he is weary and the harassment is affecting his health and his psychological well-being. Client was referred to the Society Against Abuse of Men South Africa.
10. Female reported that she was physically and emotionally abused by her children. Client disclosed that one of her children is abusing substances. Client disclosed that she is despondent and she feels hopeless that the family's relationship will be restored. Ongoing counselling was offered to the family.

11. Frustrated father reported that he has been struggling to get assistance from stakeholders regarding care and custody of his children. Client was referred to the Department of Social Development.
12. Hopeless female reported that she is being financially abused by her life partner. Client disclosed that her life partner abuses substances and he does not assist her to provide for the needs of their family. Ongoing counselling was offered to the family.
13. Frustrated differently abled female disclosed that she has to sustain her adult family members with her disability grant. Client reported that if the family runs out of food and electricity, she has to make a plan for the family as the adult family members refuse to go and work. Ongoing counselling was offered to the client.
14. Heartbroken child wants assistance with building a relationship with his parent who is neglecting him. Ongoing counselling was offered to the client.
15. Desperate male reported that he turned to substance abuse due to the trauma and grief he experienced in the past. Client wants to find better coping mechanisms. Client was referred to Families Against Drugs. Ongoing counselling was offered to the client.
16. Female is worried about her children who are grieving for their late family members. Client reported that she is unable to mourn for her loved ones because her children are not coping well since their loved ones passed away. Ongoing counselling was offered to the family.
17. Female is struggling to accept that her child is not coping academically. Client fears that the child's academic challenge could have a negative impact on her relationship with her family. The client was referred to the Department of Education. Ongoing counselling was offered to the client.
18. Frustrated mother reported that she not getting financial assistance from the father of her child. Client was referred to the Department of Justice and ongoing counselling was offered to the client.
19. Minor reported that he does not want to remain in the care of his parent due to the emotional abuse he receives from his adult relatives. Ongoing counselling was offered to the family.
20. Client was referred by the Department of Education. The service provider complained that the child is displaying challenging behaviour and there is lack of support from the family with the regards to the child's behaviour. Ongoing counselling was offered to the family.
21. Heartbroken child is struggling to deal with the death of a parent. Ongoing counselling was offered to the client.

22. Despondent mother sought assistance for her child who is displaying challenging behaviour. Client complained that she does not get assistance from the biological father regarding behaviour modification and discipline with the child. Client and her life partner were referred to FAMSA.
23. Male client reported that he feels ashamed as he is unable to sustain and protect his spouse and children from his extended family as a result of conflict and broken family relationships. Ongoing counselling was offered to the family.
24. Concerned mother sought assistance for her child who is abusing substances. The mother is worried her hardworking and intelligent child will lose everything the child worked for as a result of the substance abuse. Client was referred to Families Against Drugs.
25. Heartbroken female sought assistance for her family member who is abusing substances. Client was referred to Nationwide Treatment Centre.
26. Male reported that he is frustrated with his legal guardians for not reporting the abuse they are enduring from his older relative. Client was referred to SAPS.
27. Unemployed client suffering from a chronic disease approached the White Door Centre; client is unable to take medication because there is not even food at home to take with the medication.

Compiled by:
Agnita Langford
Social worker
Practise number: 10-36637