JULY 2020 UPDATE: CASES AT AL-FIDAA FOUNDATION WHITE DOOR CENTRE

18 victims recorded for the month of July 2020 at the Al-Fidaa Foundation White Door Centre, 239 Durban Road, Korsten. Referrals included: Department of Social Development, Nationwide Treatment Centre, the Al-Fidaa Foundation Skills Development Centre and Society Against Abuse of Men South A frica and SAPS.

The following are brief summaries of some cases seen:

- Distressed mother sought counselling and guidance as she is separated from her life -partner who is allegedly denying her contact with her children. Client was referred to the Department of Social Development.
- 2. Confused minor battling since the loss of a parent. Family conference and on-going counselling was offered to the client and her family.
- 3. Frustrated male disclosed that he is concerned about his children's safety as his ex-life partner is allegedly abusing substances and neglected the children in the past, according to him. The client was referred to the Department of Social Development.
- 4. Female urgently needs assistance with rehabilitation services. Client reported that her addiction to substances has negatively impacted her family. The client was referred to Nationwide Treatment Centre.
- 5. Male reported that his life partner does not allow him contact with his children. Client disclosed that he offers material assistance towards the children, which she refuses to accept from him. Client was referred to the Department of Social Development.
- 6. Unemployed client sought assistance as she is struggling to sustain herself and her elderly parent with chronic illnesses. Client was referred to the Al-Fidaa Foundation Skills Development Centre.
- 7. Female sought counselling following the death of parent.
- 8. Distressed female sought assistance; the house she recently moved into burned down. Client reported that her dreams of being independent are shattered now that she does not have her own home. Client was referred to the Department of Social Development.
- 9. Female given counselling following the death of her biological parent. Client fears that she might lose her other parent as the parent is also very ill.
- 10. Homeless client reported that he is battling without family support. Client disclosed that he lost contact with his family who are residing at another province; he feels that going back will be admitting to failure after relocating to better his circumstances. Client was referred to the Al-Fidaa Foundation Skills Development Centre.
- 11. Unemployed male sought assistance as his small business was severely affected by the COVID19 pandemic lockdown. Lack of income has put severe strain financially and emotionally on the client.

- 12. Unemployed male required socio economic assistance as he is unemployed and struggling to sustain himself. Client disclosed that he is not able to rely on or seek help from his children as they are estranged, leaving him stranded.
- 13. Anxious female sought guidance as she fears losing guardianship of her late relative's child, to whom she is sole caregiver. Client was referred to Department of Social Development.
- 14. A concerned relative sought assistance for a family member who was allegedly sexually abused. The relative is concerned about the impact of the abuse on the family member and is not sure of what steps to take. Client was referred to the South African Police Station.
- 15. Unemployed male sought assistance for training. Client disclosed that he is feeling helpless as he has a client who needs material assistance from him. Client was referred to the Al-Fidaa Foundation Skills Development Centre.
- 16. Male reported that he is unemployed with one dependant. Client disclosed suffering in a former relationship that was traumatic and abusive. Client also reported that his ex-life partner does not give financial assistance towards the child. He does not wish to go to court with the matter due to the trauma caused by the abuse.

Compiled by:

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