

July 2019 UPDATE: CASES AT AL-FIDAA FOUNDATION WHITE DOOR CENTRE

22 victims recorded for the month July 2019 at the Al-Fidaa Foundation White Door Centre, 239 Durban Road, Korsten. Referrals included the Department of Social Development, FAMSA, the Department of Education, The Booths (a rehabilitation centre offering outpatient service for minors struggling with substance abuse), and the Department of Justice. The following are brief summaries of cases seen:

1. Adult male reported that he is being abused by a relative and his family is refusing protect or assist him with the abuse due to disputes between himself and his family about mistakes made by him in the past. Family preservation services and counselling was offered to the client and he was also referred to the Department of Justice.
2. Frustrated male disclosed that he wants to go back to prison as he is struggling to sustain himself and he is not getting adequate medical attention for his deteriorating health since he was released from prison. Ongoing counselling was offered to the client and the client was referred to the Department of Social Development.
3. Concerned mother sought assistance for her child who was expelled from school due to substance abuse and unruly behaviour. The client was referred to the Department of Education and The Booths.
4. Confused and frustrated female sought assistance as she was forced to flee her home following death threats. The client disclosed that she particularly frustrated as she has a physically challenged relative who was also residing with her; who she is struggling to find accommodation for. The client was offered counselling and referred to the South African Police Service.
5. Middle aged male sought assistance as he is facing difficulties in his marriage. The client was referred to FAMSA.
6. Desperate mother sought assistance for her underage child who is allegedly abusing substances and causing heartache in the family. The client was referred to The Booths.
7. Dejected and unemployed female sought counselling and guidance as her child passed away and she has to care for her grandchild. Client was referred to the Department of Social Development.
8. Hopeless male sought assistance; he is unemployed, he does not have a place to stay and he is unable to go back home to his family.
9. Distressed and unemployed mother of one disclosed that her life partner left her with a child to raise; she has not received any financial assistance or support from her ex- life partner in terms of the rearing of the child. The client was referred to the Department of Social Development and the Department of Justice.
10. Adult male reported that he is struggling to control his substance addiction as he is constantly confronted with family challenges which cause frustration and relapsing.

11. Male sought assistance as he is unable to find employment and provide for his family's basic needs; the fact that he is unemployed is impacting negatively on his psychological and mental wellbeing.
12. Distressed female reported that her family members are allegedly abusing substances and this is causing marital and financial problems. The client was offered continuous counselling and was referred to a rehabilitation centre.
13. Female sought guidance as her child is abusing substances and roaming around with her grandchildren; a cause for concern. The client was referred to the Department of Social Development and to a rehabilitation centre.
14. Dejected female reported that her sibling is abusing substances and is emotionally abusive towards the family. Ongoing counselling was offered to the family and the client was referred to a rehabilitation centre.
15. Anguished female reported that she had been through a traumatic experience and the trauma has caused financial strain.
16. Frustrated and hopeless mother reported that she explored all avenues to try and get assistance for her child who is allegedly addicted to substances but, the child does not want to commit to rehabilitation. Counselling was given and the family was referred to a rehabilitation centre.
17. Distressed female sought assistance as her husband is emotionally and financially abusive towards her. Ongoing counselling was offered to the couple.
18. Middle aged female sought assistance as she is caring for family members and she is not receiving assistance from her family. Client is feeling burdened emotionally and financially.
19. Frustrated female reported that she needs assistance for a family member who draining her emotionally and financially.

Compiled by:

Agnita Langford

Social Worker

Practise number: 10-3663