APRIL 2021 UPDATE: CASES AT AL-FIDAA FOUNDATION WHITE DOOR CENTRE

22 victims recorded for the month of April 2021 at the Al-Fidaa Foundation White Door Centre, 239 Durban Road, Korsten. Referrals included: Department of Social Development, Department of Education and Department of Health.

The following are brief summaries of some cases seen:

- Despondent minor reported being assaulted at school and alleges that the principal did not
 provide any protection in the matter. Client disclosed feeling humiliated and embarrassed
 due to the ensuing verbal abuse and mockery by peers since the incident. Client was
 referred to the Department of Education.
- 2. Minor reported being sexually abused by a family member. Client was referred to the Department of Social Development.
- 3. Heartbroken female reported that she cannot cope anymore because she recently came out of an abusive relationship, her house burnt down and her child has a severe medical condition. Client disclosed she has no time to go for therapy because she has to sustain her children with minimum support. Ongoing counselling was offered to the client.
- 4. Terrified client is struggling to cope after allegedly witnessing the murder of a family member. Ongoing counselling was offered to the traumatized client.
- 5. Degraded and unemployed female sought assistance as she relocated to Port Elizabeth with her employed life partner because she was allegedly ill-treated by her family. Client disclosed that her partner refuses to provide financial assistance in their home. The family survives on the child support grant of her child. Ongoing counselling was offered to the client.
- Angry client reported being physically assaulted by siblings. Client disclosed that there have been broken relationships in the family for years and sought assistance for reconciliation in the family. Family restoration service offered to the client and the family.
- 7. Confused minor has been living with different family and community members since the biological parent passed away. Client is seeking assistance to find stability with a loving and caring family. Client was referred to the Department of Social Development.
- 8. Frustrated male sought assistance with care and custody of his child. Client claims that he was treated unfairly by the Justice system. Client was referred to the Department to Social Development.
- 9. Differently abled male reported that he does not qualify for a disability grant according to the Department of Health and SASSA. Client reported that he is unable to find employment and he is unable to sustain himself.

- 10. Sad minor is struggling to cope with the murder of a close relative. Client is reported to be violent towards peers since the incident. Ongoing counselling was offered to the client.
- 11. Elderly female reported that she is being verbally abused by her child. Client disclosed that her child was traumatized because of the type of work that he was doing and the child did not receive counselling. Ongoing counselling was offered.
- 12. Heartbroken elderly female reported that she has been burdened with the task of raising all her grandchildren because the parents of the children are abusing substances and they refuse to rear their children. Client disclosed that her health is deteriorating because of stress and she fears that her grandchildren will roam around in the community when she passes away. Ongoing counselling was offered to the client.
- 13. Stressed and unemployed female is unable to sustain her dependants. Client wants options of placements for her dependants to afford them an opportunity to grow up in an environment where their needs are catered for.
- 14. Female reported that she has been caring for children in her family and the biological parents of the children do not provide support to her although they are able to provide financial support. Client was referred to the Department of Social Development.
- 15. Male disclosed that he is abusing substances and his behaviour caused him to be estranged from his family. Ongoing counselling and family restoration services were offered to the client.
- 16. Elderly female is struggling to manage her minor relative's behaviour. Options for behaviour management were discussed with the client and ongoing counselling was offered.
- 17. Client reported that life has been challenging for him since the death of his parents. Client reported that he does not want to attach himself to a family for the fear of disappointing them. Client disclosed that his fear of being a part of a family has affected his relationship with people. Ongoing counselling was offered to the client.
- 18. Destitute male reported that he has been trying to find employment and accommodation but he was unsuccessful. The client's family is unable to assist the client.

Compiled by: Agnita Langford Social worker

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