## AL FIDAA FOUNDATION

## DRESSMAKING COURSE

## NEATNESS – CLEANLINESS- SAFETRY- RESPECT

## TUTOR: Ms SINDISWA ZOKUFA

WEEK 1	<ol> <li>Machine parts and their functions</li> <li>How to thread the machine, the importance of threading correctly and the diference between Industrial and Domestic needles.</li> <li>Safety tips around the machine.</li> <li>Straight stitch, open seams, 2cm is for a zip, all seams are 1,5cm. Always use cm.</li> <li>Hem 1,5cm by machine and blind hemming by hand.</li> </ol>	
WEEK 2	<ol> <li>Class test on week 1</li> <li>Opening on cushions; overlap opening Buttons &amp; buttonhole opening. Loop/ straps / bow opening Zip opening</li> <li>Overlocker: How to thread, place garment &amp; cut.</li> <li>Fabrics: straight grain [ importance &amp; how to know], Don't cross the grain ever; Cutt6ing on bias; flare, neckline, under arm,stretch part of the fabric.</li> <li>Hoe to cut patterned fabrics, Self edge, The right and wrong side of the fabric. When fabric is cut and sold, it is always on the right side.</li> <li>PATCHWORK</li> <li>Make each self/ one self a pin cushuion.</li> <li>Shops where you get fabrics</li> </ol>	
WEEK 3	<ol> <li>Class  Test on Week 2</li> <li>How to read patterns ; Vogue, Mc Call, Butteric, Style &amp; Simplicity.</li> <li>The back of the envelope; the instruction sheet.</li> <li>How to take body dimensions correctly NO!!!! light clothing, pettycoat and bra.</li> </ol>	

	5. Different types of figures.
WEEK 4	<ol> <li>Class Test on week 3</li> <li>Understanding the pattern and Cutting it out, Pin and put it on telling your size on the pattern. How to place patterns on fabrics.</li> <li>Pattern adaptation and why do we adapt a pattern- check figure irregularities.</li> <li>Cut oxford flunge and make . NB Fabric is not for filling cushions.</li> <li>Godets</li> <li>Applique inlay &amp; onlay. ; make, trapunto</li> </ol>
WEEK 5	<ol> <li>Class Test on week 4</li> <li>Decorative finishes &amp; functional</li> <li>How to cut waistband</li> <li>Pleats- knife pleats ; box pleats; inverted pleats;</li> <li>Cushion Covers &amp; Curtaining fabrics must be durable</li> <li>Possible fillings for inner cushions</li> <li>Sling Bag with lining, using only decorative finish.</li> <li>Button piping gusset</li> </ol>
WEEK 6	<ol> <li>Class Test on week 5</li> <li>Bolero Jacket</li> <li>Each and everyone must have his/her own pattern cut out.</li> <li>We all cut from fabric</li> <li>We all make our Boleros.</li> <li>We learn to make a corsage.</li> </ol>
WEEK 7	<ol> <li>Class Test on week 6</li> <li>Corsette with lining with or without straps.</li> <li>Plan exhibition for Week 8.</li> <li>Student files must be up to date.</li> </ol>

Week 8

1. Class Test on week 7

2. Exibition By Students