

## JANUARY 2017 UPDATE: CASES AT AL-FIDAA FOUNDATION WHITE DOOR CENTRE

A total number of 25 victims for the month of January seen at the Al-Fidaa Foundation White Door Centre, 239 Durban Road, Korsten. Below find a brief summary of cases:

1. A 59 year old unemployed female seeking counselling; victim has no income and her adult children are unemployed. Problems between her husband and herself are the status quo in the marriage and she sees no way to reconcile their differences.
2. A 28 year old mother of 2 seeking counselling. Victim is experiencing distress regarding the wellbeing of her children. Dealing with the concern of a recently diagnosed ADHD son on one hand and a child feeling neglected and ignored on the other as the mother's attention has been focused on the child with ADHD.
3. 43 year old concerned mother of a rape victim approached the centre for counselling. The rape victim is receiving counselling at a local hospital after the trauma of being kidnapped and held hostage in the northern areas. The mother is concerned about the victim's safety as she suspects this occurrence was gang related.
4. 27 year old unemployed male seeking counselling after a disagreement with his wife over his unemployment situation. According to the victim he was employed until the end of 2016 but did not receive the entire sum of his wage; after constant querying he was allegedly unfairly dismissed. He avoided informing his wife about the situation and lied when questioned to spare her the worry but the truth came out resulting in an argument that escalated in him striking his wife and then walking out.
5. 43 year old male victim of approached the centre for counselling after his home structure burnt a down in a fire from a candle that was left unattended. Victim was left with nothing but the clothes on his back and lost his job soon after.
6. A recently widowed 48 year old unemployed female seeking counselling at the White Door Centre. The friction and disagreement between herself and adult stepchildren over issues in the last will and testament of her belated husband are for the moment resolved but she still has some concern over her future.
7. 30 year old unemployed single mother of 2 coming to terms with the difficulties her children are undergoing. Her concern centres on the learning and concentration difficulties her 7 year old is having as well as the daily challenges faced by her toddler who was in a car accident. Her constant fear is that the accident may have incurred lasting brain damage. Victim was referred to an Occupational Therapist.
8. 25 year old single mother trying to find employment and make ends meet. Currently residing with her mother but the situation at home is tense as the grandmother feels the victim is not making enough of an effort to procure employment. The victim feels that she is being treated unfairly by her mother especially as she perceives her siblings to receive support from their mother. The victim is also concerned about the wellbeing of her children once she does work as the grandmother refuses to lend a hand further.
9. 36 year old single mother of 1 seeking counselling at the White Door Centre. The victim is currently unemployed and residing with a family member. She feels immense pressure by her sibling to contribute to the household expenses including that of the sibling's dependents. The victim has been subject to verbal abuse and the threat of eviction

constantly looming, victim's anxiety levels are high as she has no place to go and both parents have passed on.

10. 44 year old widowed mother of 2 seeking counselling for her current situation. The victim was widowed after her late husband committed suicide, leaving her the sole breadwinner for the family. She has recently moved in with in-laws who, according to the victim, are abusing the child support grant and are now controlling the SASSA card. This causes the victim emotional stress as the status quo belies the trust and support she had expected.
11. 46 year old divorced father of 2 currently unemployed. According to the victim, the mother of his children is not interested in their welfare as her visits are rare. She attempts to contribute to the children's needs at times by leaving money in the care of the maternal grandmother, which never reaches the intended recipients, as the maternal grandmother finds other use for the funds.
12. 66 year old wife and mother experiencing stress and anxiety related to her chronically ill husband and an addict son. The abuse suffered by family members at the hands of the addict son exacerbated tensions in the household leaving victim feeling helpless and overwhelmed as repeated attempts to assist the addict son has backfired on his parents. The emotional problems in the home reached a critical point when one of her children attempted suicide. The victim hopes that this is a wakeup call for her son to realize the increasingly negative impact of his addiction on the family.
13. 43 year old divorced father concerned about the change in his teenaged son's behaviour. The victim has noted that the teen has become withdrawn and refuses to attend school any longer.
14. A 68 year old female pensioner battling to make ends meet in a dilapidated threadbare room. She receives no support or assistance from her children.
15. 49 year old unemployed father of 2 dealing with the pressures of trying to keep a roof over the heads of his wife and children.
16. 47 year old widower and father of 2 seeking assistance at the White Door Centre. The victim is residing alone in a shack and his children reside with their maternal aunt. A victim of recent theft, he sought assistance at the White Door Centre.
17. 55 year old wife and mother seeking marital counselling. The victim is at the end of her tether and frustration at the futility of her attempts to get her husband to refrain from alcohol abuse as this places a strain on their marriage and extended family relationships. Victim has attempted couples counselling but to no avail and feels that she has done all she can do.
18. 53 year old wife and mother battling to support herself and her disabled child. Currently separated from her husband, the victim relies occasionally on other family members for assistance as her husband's alcohol abuse depletes all household funds.
19. 29 year old father and husband seeking counselling. The victim has separated recently from his wife who resides in another province. Victim is angry and heartbroken that he is denied visitation rights and telephonic contact with his child and was referred to SAAMSA.
20. 32 year old male victim approached the centre after being stranded in Port Elizabeth. After being offered a job by a family friend, victim relocated to Port Elizabeth only to find it nonexistent leaving him stranded. The victim managed to find lodging with family members until his return home.

21. A 37 year old unemployed father of 2 in dire straits approached the centre for assistance. He is currently seeking employment and a grant is the only means of sustaining the children.
22. 40 year old female struggling to find employment and mother of 2 currently residing with her own parents to be able to provide her children with a home.